



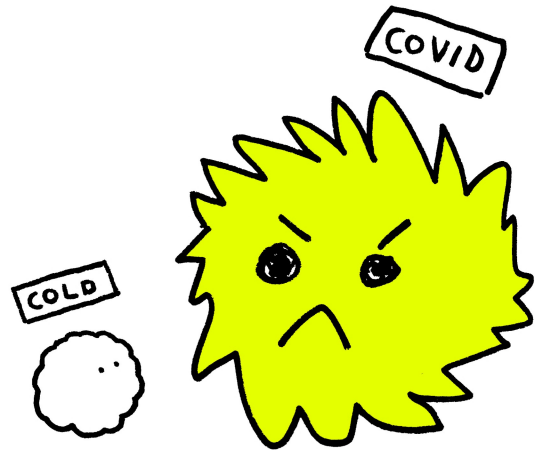
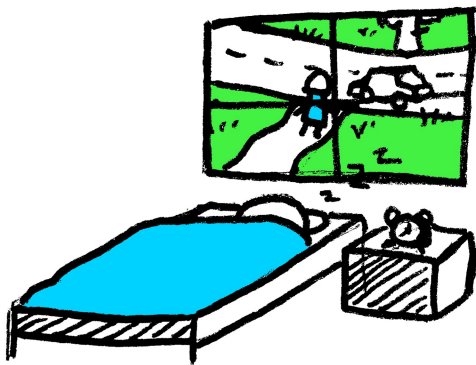
IS THAT NORMAL?

A guide for children of frontline staff.

Trisha Brigden
CHARLIE BRIGDEN

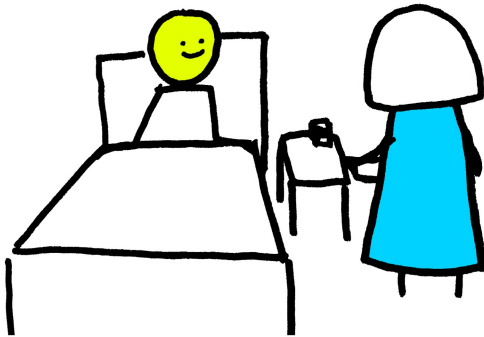
MAY 2020

My mum goes to work at the hospital.
She's up early and often gone before
I'm awake. Sometimes she works
longer than normal because her
hospital is extra busy!

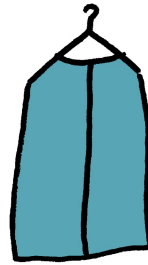


There is a virus that is making people sick (a virus is something that we often catch, it's what makes us have a runny nose or a cough) but this virus, Covid 19, is **tougher than normal** and spreads easily.

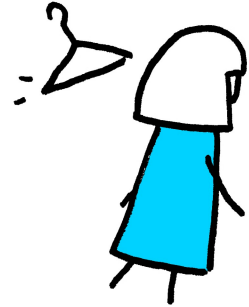
Mum's hospital is working extra hard to look after sick people and the doctors and nurses are **busier than normal**. It is important that mum is looked after too so she doesn't catch the virus!



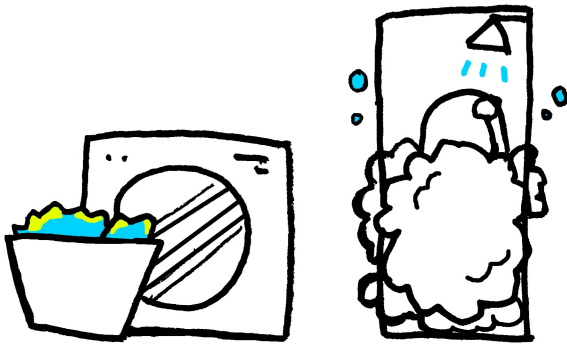
NORMAL
UNIFORM



EXTRA SPECIAL
UNIFORM



Mum's **normal** clothes are a blue uniform but at the moment she wears an extra special uniform to keep her safe from the virus.



When mum gets home she washes her clothes and has a shower. That way she knows she is safe and clean when she gives me a hug **just like normal!**

Some mums are saving up their hugs until things are **back to normal**.

All mum's friends from the hospital are working very hard to help people get better and to keep all the hospital staff safe. If we all keep our distance, wash our hands and just talk to other family and friends on the phone, soon things will be **back to normal**.

