

KGH Library Service Newsletter

July 2020

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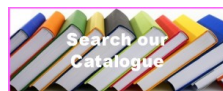
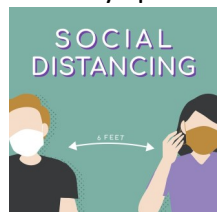


Service News

As you are, hopefully, aware we have managed to remain open during the current crisis and hope we have been of use to you, even if just for a place to come and take a break.

Restrictions?


- **Masks**—The whole of the Prince William Education Centre (PWEC) has been declared a mask free zone. Therefore you are asked to remove your mask before entering the centre (via any door) and dispose of it in the bins provided. Once you have completed your visit to the centre, new masks are available to collect from the locking boxes at the main PWEC entrance and other entrances in to the hospital corridors.
- **Social Distancing**—We ask that you adhere to the official social distancing policies in practice throughout the hospital. Tables and chairs have been laid out to aid you in keeping your distance. In the IT Suite we ask that you use your common sense and space out when using the computers, leaving at least one study space distance between you. If at any time we feel there are too many people in the library area and social distancing is not being adhered to we will restrict people entering or request people leave and return at a quieter time.
- **Borrowing and returning books:**
 - Books can either be placed in our external returns box at the foot of the Library out-of-hours entrance steps; handed to a member of the team at the Enquiry Desk or placed in our internal returns box at the Enquiry Desk. Returned books are being wiped over thoroughly and left to air before being replaced on our shelves.
 - Borrowing of items has not changed you have the option to have staff issue the items to your account at the Enquiry Desk (during staffed hours) or use the self-issue machine (which is cleaned regularly) during the day or when using the service out-of-hours.



- You can search our catalogue online [Search our Catalogue](#) and reserve the items you would like by logging in with your Library membership barcode number and the password issued to you when you joined the service (if you have forgotten your password please contact us and we can send a new password to an email address registered on your library account). Once we have collected your items off the library shelves, our library management system will automatically email you to inform that the item/s are ready to collect from our Reservations shelf (to the left of the Enquiry Desk). If the book is already on loan to another user they will be informed of the hold and asked to return the title no later than it's due date, you will be emailed when the book is available.

Service News cont.....

What are we unable to offer at this time?

- Face-to-face training sessions
 - ◊ However, we are more than willing to carry out any literature/evidence searches on your behalf, please complete our online request form  (<https://www.surveymonkey.com/r/37WZ5HB>) or we could arrange to carry out a session via Microsoft Teams, please contact us.

What we expect from you?

- To understand and to respect the new guidelines for visiting the service.
- To remove your mask before entering PWEC.
- To clean your hands at entry to PWEC and observe social distancing when in the Library and all areas.
- To wipe down any surfaces that you touch using the wipes provided.
- To follow instructions given by the Library Team and to adhere to all signs.

Library services, e-resources and evidence searches

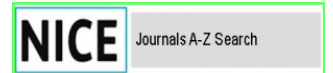
As always a **general enquiry service** is available by emailing kgh-tr.library.index@nhs.net or phoning 01536 492862.

The majority of **resources** are available electronically and accessible from anywhere with an internet connection. An NHS OpenAthens account is required to access the various e-resources - self registration - <https://openathens.nice.org.uk/> - OpenAthens MyAccount page — <https://my.openathens.net/my>

Stay **up-to-date** with the latest evidence through the KnowledgeShare current awareness service - <https://www.surveymonkey.co.uk/r/L7Y85WC>



Article and document supply services are still fully available. If you are unable to find the full-text access to your required article using your NHS OpenAthens account on <https://journals.nice.org.uk/> or we do not stock the book you require please contact us. However, due to current circumstances it may take us longer than usual to obtain articles. We will keep you updated of any delays.



#ThankYouTogether



The 5 July will be a moment of solidarity for everyone to reflect on everything our communities have recently endured, stand in solidarity to mourn our losses, and thank those who are risking so much to keep us safe. Thanking everyone from truck drivers and cleaners to doctors and shelf stackers, all of the key workers who have kept us going. It will also be a thank you to our neighbours, the ones who did the shopping, got the prescriptions, kept an eye on each other or simply did their best to stay home and save lives.

Who do you want to say 'thank you' to? Please visit [Together Coalition - https://together.org.uk/](https://together.org.uk/) to take part in the national #NHSBirthday #ThankYouTogether

NHS Learning Hub + e-Learning for Healthcare



<https://learninghub.nhs.uk/> - <https://www.e-lfh.org.uk/>



Learning Hub^{Beta}

The Learning Hub is a digital platform that provides easy access to a wide range of education and training resources for the health and care workforce.

The resources shared on the platform play a pivotal role in its success, in its vision for collaboration and supporting learners. Many stakeholders from across the health and care workforce, including clinical commissioning groups, social care, professional bodies, charities and the simulation community, have already contributed a range of quality learning resources.

Many of the resources are in response to the COVID-19 efforts to support the health and care workforce. These resources include videos, webinars, slide presentations, Q&A packs, simulation scripts, lesson plans and web links to support system readiness, recovery and beyond.

You are invited to access the Learning Hub (<https://learninghub.nhs.uk>) either using eligible e-Learning for Healthcare log in details or by logging in with your NHS OpenAthens account.

HEE e-Learning for Healthcare (e-LfH) works in partnership with the NHS, health and care organisations and professional bodies to support patient care by providing e-learning to educate and train the health and care workforce. All e-LfH content is nationally quality-assured and available free of charge.

There are currently more than 280 programmes being developed and delivered that cover subjects from audiology to anaesthesia, dentistry to dermatology, emergency medicine to end of life care, primary care to prescribing, sepsis to statutory and mandatory training.

All HEE e-LfH programmes are available via the HEE e-LfH Hub and most are also available via the Electronic Staff Record (ESR).

How to Search the Literature Effectively

A step-by-step guide to finding information and developing the skills for successful searching

<https://www.e-lfh.org.uk/programmes/literature-searching/>

About the Literature Searching programme - These modules are designed to help the healthcare workforce (clinical and non-clinical) build confidence to search published literature for articles and evidence relevant to their work, study and research. The modules are short (each taking no more than 20 minutes to complete) and may be 'dipped into' for reference, or completed to obtain a certificate. There are seven modules suitable for novice searchers and those wishing to refresh their knowledge:

Building the foundations

Module 1 Introduction to searching

Module 2 Where do I start searching?

Module 3 How do I start to develop a search strategy?

Developing the skills

Module 4 Too many results? How to narrow your search

Module 5 Too few results? How to broaden your search

Module 6 Searching with subject headings

Applying the skills

Module 7 How to search the Healthcare Databases (HDAS)

If you require further assistance contact us.

Facebook



Find us on:
facebook®

We now have our own KGH Library Service Facebook page, new information is being added regularly.

Please view our page and 'like us' -

<https://www.facebook.com/KGHNHSLibrary/>

#AMillionDecisions



<https://www.hee.nhs.uk/our-work/library-knowledge-services>

Every day across the healthcare sector in England more than a million decisions are made that have a profound and lasting impact on people's lives and which influence the quality of healthcare and the cost of services. The Chartered Institute of Library and Information Professionals (CILIP) and Health Education England are campaigning for decisions in the healthcare sector to be fully evidence-based, calling on everyone involved in policy making and care delivery to make use of the skills of librarians and knowledge specialists in meeting their obligations under The Health and Social Care Act 2012.

Under the Act, The Secretary of State must ensure the use of evidence obtained from research and healthcare providers are required make use of the best available evidence in their decision-making. Arms' length bodies and those commissioning or influencing healthcare services have a responsibility to promote and monitor the use of evidence-based decision making.

The campaign started on 30/1/ 2017. Join in by sharing your thoughts on Twitter using the campaign hashtag #AMillionDecisions.

Health & Wellbeing

Apps

NHS staff (in England) have been given free access to a number of well-being apps from now until the end of December 2020 to support their mental health and well-being.

- **Unmind** - mental health platform that empowers staff to proactively improve their mental wellbeing.
- **Headspace** - science-backed app in mindfulness and meditation,
- **Sleepio** - clinically-evidenced sleep improvement programme that is fully automated and personalised, using cognitive behavioural techniques to help improve poor sleep.
- **Daylight** - smartphone-based app that provides help to people experiencing symptoms of worry and anxiety

All information on the above apps is available at - <https://tinyurl.com/woaewwe>

Public Library Virtual Membership - allows you to borrow eBooks and eAudiobooks from your local public library (Reading Well Books on Prescription titles also available)-

- Join - <https://tinyurl.com/y8o4v6xn>
- eBooks - <https://tinyurl.com/ybk8qmw9>

BMJ Learning - Wellbeing courses - <https://new-learning.bmj.com/covid-19> - To support self care during this period of increased stress, these courses provide insight and strategies to help address some of the more challenging aspects of work on the frontline.



Health & Wellbeing within the Library

Relaxing

As always we have a **jigsaw puzzle** on the go, down in the comfy seating area. We have just had several jigsaws donated to us so new puzzles will be put out each time one is completed.

Also, available down in the comfy seating area are pictures with felt tips so you can sit and **colour** and relieve your stress.



The latest **Richard and Judy** collection of **fiction** books are now ready to go out on the shelves so please call down and borrow one or any of the numerous fiction and general titles that are available.

Messages for New starters, Students & Junior Doctors



Welcome

Welcome to any **new starters** at the Trust, if you haven't already joined the KGH Library Service please call in (with your ID badge) and complete a membership application form (available at the desk or on one of our display stands).

Could we please take this opportunity to remind all those **students** who have recently qualified that they must return any books they still have out on loan from their university (or another Trust library) as soon as possible (also please ensure you clear your accounts with them completely).

Any **junior doctors** who are due to rotate and move on to another Trust, we would ask you to please return all items you have on loan and clear your KGH library account completely. Thank you.

Farewell
and
Good Luck

Health Service Journal

The Trust has upgraded its subscription to HSJ (<https://www.hsj.co.uk/>) to unlimited.

Those members of staff who already had access have been moved over to the new subscription, so you should not notice any difference.

Any one across the Trust who would like to be added to the subscription please email kg-h-tr.library.index@nhs.net detailing your full name, position and nhs email address.

We will then confirm once you have been registered.

FOR HEALTHCARE LEADERS
HSJ

#WeCARE Cafe

#WeCare

The #WeCare Café is reached via the front entrance to PWEC (which is a mask free zone), it is a place you can go to get a coffee *and biscuits*, come and eat your lunch or, enjoy the sunshine in the garden space.

It has been open for over 2 months now and has been very popular and well used, however attendance is now slowing down, particularly at the weekends so we are looking to change the opening hours shortly, please keep an eye on the Comms weekly newsletter for opening hours amendments.

General Book Club

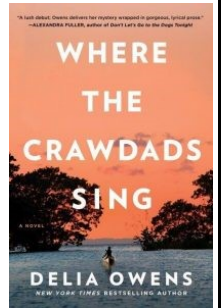
<https://kghlibrary.koha-ptfs.co.uk/book-club/>

The next meeting is on: – **Monday, 13th July, 19:30**. This will be a virtual meeting. If you would like to join us please email m.theaker@nhs.net. We will be discussing **'Where the crawdads sing'** by Delia Owen.

For years, rumors of the 'Marsh Girl' have haunted Barkley Cove, a quiet town on the North Carolina coast. So in late 1969, when handsome Chase Andrews is found dead, the locals immediately suspect Kya Clark, the so-called Marsh Girl. But Kya is not what they say. Sensitive and intelligent, she has survived for years alone in the marsh that she calls home, finding friends in the gulls and lessons in the sand.

Kya is a compelling character, Owen's descriptive prose is lushly impressive, and the twist in the narrative's tail is neat, *Sunday Times Culture*

"Fiction gives us empathy: it puts us inside the minds of other people, gives us the gift of seeing the world through their eyes" Neil Gaiman, 2014



Leadership Book Club

<https://kghlibrary.koha-ptfs.co.uk/book-club/>

Please join us for the next meeting of the 'Leadership book club' on **Thursday 23rd July at 20:00**.

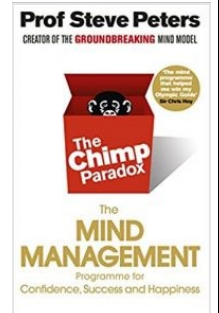
This will be a virtual meeting. If you would like to join us please email m.theaker@nhs.net.

We will be discussing **'The Chimp Paradox'** by Steve Peters - on this occasion pages - 1-227.

Do you sabotage your own happiness and success? Are you struggling to make sense of yourself?

Do your emotions sometimes dictate your life?

The Chimp Paradox is an incredibly powerful mind management model that can help you become a happy, confident, healthier and more successful person.



There are videos by Steve Peters online if you are short on time for reading. - <https://www.youtube.com/watch?v=buN1Mju7rjM>

NHS.net email

Main Library address (monitored by all library team): - kgh-tr.library.index@nhs.net

Library Manager – Margaret Theaker: - m.theaker@nhs.net

Clinical Librarians: – louise.coleman9@nhs.net; beki.smith197@nhs.net;

Library Administration & eResources: - yvette.jackson3@nhs.net

Library Assistants: - kelly.comber1@nhs.net; s.dunmore@nhs.net

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