

# Current awareness for Nursing

## Recent guidelines and reports, articles and websites

### January 2021

*Items relating specifically to Covid-19 start on page 3*

### Guidelines

*The following new guidance has recently been published:*

#### [Acute care for older people living with frailty: Acute care toolkit 3](#)

Royal College of Physicians (RCP); 2020.

<https://www.rcplondon.ac.uk/guidelines-policy/acute-care-toolkit-3-acute-care-older-people-living-frailty>

[Older people are major users of acute care; the AMU is a key area for initial decision making, and for education and training relevant to older people. Different models will be suited to different hospitals, but all need to be able to initiate CGA within the AMU and to have strong links with community health and social services.

Geriatricians will be able to help to identify older people who may be safely managed in the community, improving patient outcomes and reducing hospital bed-days.]

*Freely available online*

#### [Modern ward rounds: Good practice for multidisciplinary inpatient review](#)

Royal College of Physicians (RCP); 2021.

<https://www.rcplondon.ac.uk/projects/outputs/modern-ward-rounds>

[The guidance describes how care can be delivered in hospital in partnership with patients, families and carers, and has the potential to revitalise care to improve outcomes. To support implementation, the report includes templates, checklists and advice.

The guidance was produced by the Royal College of Physicians, Royal College of Nursing, Royal Pharmaceutical Society, the Chartered Society of Physiotherapy, NHS England and has the support of the GIRFT programme.]

*Freely available online*

#### [NHS Cancer Programme: Cancer services recovery plan.](#)

NHS England; 2020.

<https://www.england.nhs.uk/coronavirus/publication/cancer-services-recovery-plan/>

[The plan describes three aims: restoring demand coming into the system to at least pre-pandemic levels; reducing the number of people waiting longer than they should for diagnostics and/or treatment at least to pre-pandemic levels on both screening and symptomatic pathways; and ensuring sufficient capacity to manage future increased demand, including for follow-up care. It sets out a range of actions Cancer Alliances are taking to prepare for winter.]

*Freely available online*

### **The RCEM End of Life Care Toolkit**

Royal College of Emergency Medicine (RCEM); 2020.

[https://www.rcem.ac.uk/docs/RCEM%20Guidance/RCEM\\_End\\_of\\_Life\\_Care\\_Toolkit\\_December\\_2020.pdf](https://www.rcem.ac.uk/docs/RCEM%20Guidance/RCEM_End_of_Life_Care_Toolkit_December_2020.pdf)

[The emergency department provides some unique challenges to the delivery of end of life care, not least an environment which has been described as volatile, uncertain, complex and ambiguous. The need for staff to constantly react to changing circumstances within the department, often of a time critical nature, adds another layer of challenge.]

*Freely available online*

## **Websites**

### **NHS Service Finder**

NHS UK; 2020.

<https://finder.directoryofservices.nhs.uk/#/login>

[NHS Service Finder is a free online search tool that allows any healthcare professional to search for accurate service information quickly, allowing a patient to be signposted to the most appropriate service for their needs. This helps to distribute demand across the wider urgent and emergency care system. It provides access to up to date information from the Urgent and Emergency Care Directory of Services and NHS.UK. [registration using nhs.net email required].]

*Freely available online*

## **Events**

### **Concept Analysis in Nursing: a New Approach**

by John Paley

Book launch free event, Tues, 16 February 2021, 16:00 – 17:30 GMT

This event presents John Paley as he introduces his new book, Concept Analysis in Nursing: a New Approach, published on 16 February 2021. [Book here.](#)

## **Reports**

*The following report(s) may be of interest:*

### **Careful phrasing of requests by hospital staff could help people with dementia accept care.**

NIHR Dec 2020

<https://evidence.nihr.ac.uk/alert/hospital-patients-dementia-careful-phrasing-cut-refusals/>

[Reports on new research that looked at the different ways of asking people with dementia to perform tasks or to agree to requests while they are in hospital. It found that having a range of ways of making requests led to more positive responses from patients who were confused or resisting care.]

### **Non-benzodiazepine hypnotic use for sleep disturbance in people aged over 55 years living with dementia: a series of cohort studies.**

Richardson K. *Health Technology Assessment* 2021;25(1):1-202.

[CONCLUSIONS: We observed a dose-dependent increase in fracture risk, but no other harms, with Z-drug use in dementia. However, multiple outcomes were examined, increasing the risk of false-positive findings. The mortality association was unlikely to be causal. Further research is needed to confirm the increased

fracture risk...]

**Antimicrobial prescribing: delafloxacin for acute bacterial skin and skin structure infections.**

National Institute for Health and Care Excellence (NICE); 2021.

<https://www.nice.org.uk/advice/es32>

[Delafloxacin (Quofenix, Menarini) is a fluoroquinolone antibiotic, which is available as a powder for infusion and a tablet. It has a marketing authorisation for treating acute bacterial skin and skin structure infections (ABSSSI) in adults when it is considered inappropriate to use other antibacterial agents that are commonly recommended for the initial treatment of these infections.]

*Freely available online*

## Articles

*The following article(s) may be of interest:*

**Applying local context to design and implement patient room whiteboards.**

Bañez C. *BMJ Open Quality* 2021;10(1):DOI: 10.1136/bmj-oq-2019-000907.

[Conclusions: From this study, two key findings surfaced: (1) Although the goal was to create a single design for all inpatient units, the study results identified the need for six customised whiteboard designs to align with the needs of each clinical area. (2) The success of whiteboard utilisation is dependent on the placement of the whiteboard in the patient room. Optimal location would be to place whiteboards directly in front of the patient bed but this is not always feasible.]

**Facilitating students' interest in older people nursing: gerontological nurse teachers under scrutiny.**

Garbrah W. *Nurse Education in Practice* 2020;50:102929.

[Having teachers who are knowledgeable and passionate about issues related to older people is crucial in enhancing nursing students' interest in older people nursing. However, whether such commitments and abilities are present among gerontological nurse teachers is unknown. This study therefore describes how undergraduate nursing students perceive their gerontological nurse teachers' abilities to facilitate students' interest in older people nursing.]

*Available with an NHS OpenAthens password for eligible users*

**Impact of transitional care interventions on hospital readmissions in older medical patients: a systematic review.**

Fønss Rasmussen L. *BMJ Open* 2021;11(1):e040057.

[Transitional care interventions reduce readmission rates among older medical patients although the impact varies at different times of outcome assessment. High-quality studies examining the impact of interventions are needed, preferably complimented by a process evaluation to refine and improve future interventions.]

*Freely available online*

**Introducing point of care (POC) testing in a primary care urgent care pathway to improve clinical service delivery.**

Oxford Academic Health Science Network; 2020.

<https://www.oxfordahsn.org/wp-content/uploads/2020/11/Use-of-POC-testing-in-a-GP-Urgent-Care-Pathway-Report-Final-22-10-20.pdf>

[To evaluate the decision-making process for urgent care conditions by introducing POC testing into the urgent care clinic pathway at a busy GP practice.]

*Freely available online*

## Covid-19

### Guidelines

#### **Clinical practice guide for improving the management of adult COVID-19 patients in secondary care: Shared learning from high performing trusts during COVID-19 pandemic**

Getting it Right First Time (GIRFT); 2021.

<https://www.gettingitrightfirsttime.co.uk/wp-content/uploads/2020/12/Covid19-Clinical-Practice-Guidance-S-FINAL.pdf>

[Summarises challenges faced and responses used by high performing trusts visited as part of the GIRFT cross-specialty COVID-19 deep dives, as well as identifying successful innovations they implemented. Covers infection prevention and control, emergency medicine, critical care and anaesthesia, acute and general medicine, respiratory medicine, geriatric medicine and community care and diabetes. Cross cutting themes: Trust leadership and management, research and clinical coding]

*Freely available online*

#### **COVID-19: guidance for stepdown of infection control precautions within hospitals and discharging COVID-19 patients from hospital to home settings.**

Public Health England (PHE); 2020.

<https://www.gov.uk/government/publications/covid-19-guidance-for-stepdown-of-infection-control-precautions-within-hospitals-and-discharging-covid-19-patients-from-hospital-to-home-settings>

[Advice on appropriate infection prevention and control (IPC) precautions for stepdown in hospital or discharge to home or residential settings.

18 December 2020: Updated to include information on designated settings and exemption from re-testing.]

#### **COVID-19: Vaccinations and older people**

British Geriatrics Society (BGS); 2021.

<https://www.bgs.org.uk/resources/covid-19-vaccinations-and-older-people>

[Position paper bringing together current information on vaccination, including BGS statements, Q&As and useful external links.]

*Freely available online*

#### **Guidance for surgeons and surgical teams managing vaccinated patients from the Surgical Royal Colleges of the United Kingdom**

Surgical Royal Colleges of the United Kingdom; 2020.

<https://www.rcseng.ac.uk/-/media/files/rcs/coronavirus/guidance-for-surgeons-and-surgical-teams-managing-vaccinated-patients-24-dec.pdf>

[With the Pfizer COVID-19 vaccination now available for selected individuals, and a good safety profile documented, the Surgical Royal Colleges have issued advice]

*Freely available online*

### Reports

#### **Coronavirus: Covid-19 vaccine roll-out. Frequently Asked Questions.**

House of Commons Library; 2021.

<https://commonslibrary.parliament.uk/research-briefings/cbp-9081/>

[This Commons Library briefing addresses commonly asked questions about the roll-out of the Covid-19

vaccine.]

*Freely available online*

### **[COVID-19: pre-existing health conditions and ethnicity.](#)**

Public Health England and Race Disparity Unit; 2020.

<https://www.gov.uk/government/publications/covid-19-pre-existing-health-conditions-and-ethnicity>

[Report assessing whether the inequalities in diagnosis and death from COVID-19 between ethnic groups can be explained by pre-existing health conditions.]

## **Articles**

### **[Continuation versus discontinuation of renin–angiotensin system inhibitors in patients admitted to hospital with COVID-19: a prospective, randomised, open-label trial.](#)**

Cohen JB. *The Lancet Respiratory Medicine* 2020;:https://doi.org/10.1016/S2213-2600(20)30558-0.

[Biological considerations suggest that renin–angiotensin system inhibitors might influence the severity of COVID-19. Consistent with international society recommendations, renin–angiotensin system inhibitors can be safely continued in patients admitted to hospital with COVID-19.]

*Freely available online*

### **[COVID-19 inpatients with psychiatric disorders: Real-world clinical recommendations from an expert team in consultation-liaison psychiatry.](#)**

Anmella G. *Journal of Affective Disorders* 2020;274:1062-1067.

[The management of COVID-19 in patients with comorbid psychiatric disorders poses several challenges, especially regarding drug interactions. Psychopharmacological ongoing treatments should be prioritized and most doses should be reduced 25-50% of original dose if the patient receives lopinavir/ritonavir, with some exceptions including quetiapine, asenapine, olanzapine, sertraline, lamotrigine, bupropion, and methadone.]

*Freely available online*

### **[Prevalence and risk factors for delirium in critically ill patients with COVID-19 \(COVID-D\): a multicentre cohort study.](#)**

Pun BT. *The Lancet Respiratory Medicine* 2021;:https://doi.org/10.1016/S2213-2600(20)30552-X.

[Acute brain dysfunction was highly prevalent and prolonged in critically ill patients with COVID-19. Benzodiazepine use and lack of family visitation were identified as modifiable risk factors for delirium, and thus these data present an opportunity to reduce acute brain dysfunction in patients with COVID-19.]

*Freely available online*

### **[Returning to physical activity after covid-19.](#)**

Salman D. *BMJ* 2021;372:m4721.

This article offers a pragmatic approach to help patients safely return to physical activity after symptomatic SARS-CoV-2 infection, focusing on those who have lost fitness or had a prolonged period of inactivity but who do not have an enduring post-acute covid-19 illness.

## **Website**

### **[The COVID-19 Vaccine Communication Handbook: A practical guide for improving vaccine communication and fighting misinformation.](#)**

figshare; 2021.

<https://ndownloader.figshare.com/files/25980764>

[A practical guide (in wiki format) for improving vaccine communication and fighting misinformation. This project tracks behavioural science evidence and advice about COVID-19 vaccine uptake.]

## KGH Knowledge and Library Service

**Phone:** 01536 492862

**Email:** [library.index@kgh.nhs.uk](mailto:library.index@kgh.nhs.uk)

**Library Website:**

<http://kghlibrary.koha-ptfs.co.uk>



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Would you like help to find information to support CPD and revalidation?  
Or to receive personal alerts to articles and reports on topics of particular interest to you?

Ask us about **KnowledgeShare** to receive fortnightly emails highlighting relevant reports and articles



Newsletter for nurses and nursing associates

December 2020

## Supporting you and your colleagues as immunisation for Covid-19 begins



**There have been a number of exciting developments in recent weeks around Covid-19 vaccines. And now senior nurse May Parsons has made history by administering the first vaccine under the UK's mass Covid-19 immunisation programme.**

We know that many of you will be involved in this vitally important immunisation programme. You may be involved already. We want to do all we can to support you throughout this period. That's why we've created a webpage with information about Covid-19 vaccines.

[Read more](#)

## What did you think about Caring with Confidence?

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Did 'Caring with Confidence: The Code in Action' make you feel more confident about your decisions and actions in these difficult times? Please take a minute to [let us know](#).

To ensure we regulate as well as possible, we proactively support our professionals. That's why we launched Caring with Confidence. We published the final animation this morning (17 December). It's about professionalism.

[Read more](#)

## Looking after each other this festive period

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**As a nurse or nursing associate, caring for others is second-nature to you. This Christmas, so many of you will be doing just that – providing kind, safe and effective care.**

While you continue to do amazing work for the benefit of others, please remember there are resources out there that can help you when you need some support as well.

[Read more](#)





## Guest article

Let's talk about...

# CARING FOR PEOPLE AT THE END OF LIFE

Every nurse has the fundamental skills needed to deliver end-of-life care

"It is such an honour and privilege to be beside a family at a very private time in their lives. When your involvement helps fulfil their wishes it is an incredibly rewarding experience."

[Read More](#)



**Tamara Cowell**  
Nurse



## How we use emergency powers in the future

We'd like your views on how we keep using the powers that the Department of Health and Social Care (DHSC) gave us in response to the coronavirus pandemic.

[Read More](#)



## Research shows disparities in people's experiences

Our '[Together in practice](#)' work continues. We've now published our latest research into disparities in people's experiences called 'Ambitious for change'.

[Read More](#)



## Council Chair steps down and new appointments

The latest on our Council members, including a new designate Council member for Scotland and two new associates.

[Read More](#)



## Number of registered professionals increases

There are almost 725,000 nurses, nursing associates and midwives on our permanent register, our latest mid-year figures show.

[Read More](#)



## Survey: How has Covid-19 affected you?

Take part in Ulster University's research study about your quality of working life and how you're coping during the Covid-19 pandemic.

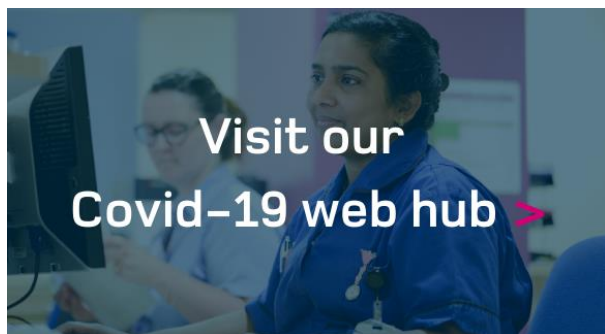
[Let us know](#)



## What do you think of these newsletters?

Please take 3 minutes to let us know what you think of these newsletters. This will help us keep improving them and sharing the news you find most helpful.

[Let us know](#)



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Our vision is safe, effective and kind nursing and midwifery that improves everyone's health and wellbeing. As the professional regulator of almost 725,000 nursing and midwifery professionals, we have an important role to play in making this a reality.

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