

Current awareness for Nursing

Recent guidelines and reports, articles and websites

November 2020

Guidelines

The following new guidance has recently been published:

Behaviour change: guides for national and local government and partners.

Public Health England (PHE); 2020.

<https://www.gov.uk/government/publications/behaviour-change-guide-for-local-government-and-partners>

[Based on the Behaviour Change Wheel framework, these guides are for national and local government and partners, such as the NHS, emergency services and third sector, to support people to have healthier behaviours.

6 November 2020: Added document: 'Achieving behaviour change: a guide for national government' and policies to change behaviour.]

COVID-19 rapid guideline: antibiotics for pneumonia in adults in hospital.

National Institute for Health and Care Excellence (NICE); 2020.

<https://www.nice.org.uk/guidance/ng173>

[The purpose of this guideline is to ensure the best antibiotic management of suspected or confirmed bacterial pneumonia in adults in hospital during the COVID-19 pandemic. On 9 October, NICE amended the cefuroxime dosage for adults in line with the summaries of product characteristics.]

Freely available online

COVID-19 rapid guideline: cystic fibrosis.

National Institute for Health and Care Excellence (NICE); 2020.

<https://www.nice.org.uk/guidance/ng170>

[The purpose of this guideline is to maximise the safety of patients with cystic fibrosis and make the best use of NHS resources, while protecting staff from infection. On 7 October 2020, NICE withdrew recommendations on reducing or deprioritising cystic fibrosis registry data entry, limiting transplant services and deferring transition to adult services because these emergency measures are no longer needed.]

Freely available online

Guidance on Establishing and Delivering Enhanced Perioperative Care Services

Faculty of Intensive Care Medicine (FICM) and Centre for Perioperative Care; 2020.

https://www.ficm.ac.uk/sites/default/files/enhanced_perioperative_care_guidance_v1.0.pdf

[This guidance provides the framework for establishing Enhanced Perioperative Care services to be safe, efficient and provide the best possible quality care to this patient group. The recommendations will

support equitable implementation across the NHS]

Freely available online

Mental Capacity (Amendment) Act 2019: Liberty Protection Safeguards (LPS).

Department of Health and Social Care (DHSC); 2020.

<https://www.gov.uk/government/collections/mental-capacity-amendment-act-2019-liberty-protection-safeguards-lps>

[Legislation and guidance on the Liberty Protection Safeguards (LPS) and the latest information on progress towards their implementation. The government has committed to bringing LPS into force to replace the Deprivation of Liberty Safeguards (DoLS). Published 10 November.]

Freely available online

Nursing Workforce Standards for Type 1 Emergency Departments

Royal College of Emergency Medicine (RCEM)/Royal College of Nursing (RCN); 2020.

<https://www.rcem.ac.uk/docs/RCN-RCEM%20Nursing%20Workforce%20Standards.pdf>

[In the collective interests of patient safety and quality of care, the Royal College of Nursing (RCN) Emergency Care Association (ECA) and the Royal College of Emergency Medicine (RCEM) have collaborated to define, for the first time, the nursing workforce standards for Type 1 EDs]

Freely available online

Safeguarding children and families during the COVID-19 crisis.

Social Care Institute for Excellence (SCIE); 2020.

<https://www.scie.org.uk/care-providers/coronavirus-covid-19/safeguarding/children>

[This quick guide is for practitioners working to safeguard children and families during the COVID-19 outbreak, including social workers and those working in social care settings.]

Websites

Building Good Work Relationships: Making Work Enjoyable and Productive.

Mind Tools; 2020.

<https://www.mindtools.com/pages/article/good-relationships.htm>

[In this article, you'll learn why it's important to have good working relationships, how to build and maintain them, and even find ways to work with people that you don't get on with.]

Freely available online

Patient safety - BMJ Improvement Hub.

BMJ; 2020.

<https://improve.bmj.com/patient-safety-2-2/>

[Collection of quality assessed resources to help you improve patient safety. Other topics in the BMJ Improvement hub are Mental health, Leadership, and Patient centred care.]

Freely available online

Reports

The following report(s) may be of interest:

Ambitious for change: Research into NMC processes and people's protected characteristics.

Nursing and Midwifery Council (NMC); 2020.

<https://www.nmc.org.uk/news/news-and-updates/nmc-publishes-findings-of-new-equality-diversity-and-inclusion-research/>

[The research examined NMC processes - including education, overseas registration, revalidation and fitness to practise - and has identified disparities in people's experience and outcomes, depending on who they are.]

Freely available online

Antimicrobial prescribing: imipenem with cilastatin and relebactam.

National Institute for Health and Care Excellence (NICE); 2020.

<https://www.nice.org.uk/advice/es30/chapter/Product-overview>

[Imipenem with cilastatin and relebactam may be an option for treating infections due to gram-negative aerobic organisms in adults with limited treatment options, particularly when other antimicrobials have failed. Take account of local antimicrobial resistance and seek specialist microbiological advice. Follow recommendations on new antimicrobials in the NICE guideline on antimicrobial stewardship.]

Black and Asian patients have increased risk of severe COVID-19 at different stages of the disease.

National Institute for Health Research (NIHR); 2020.

<https://www.nihr.ac.uk/news/black-and-asian-patients-have-increased-risk-of-severe-covid-19-at-different-stages-of-the-disease/25850>

[Patients of Black ethnicity have an increased risk of requiring hospital admission for COVID-19, while patients of Asian ethnicity have an increased risk of dying in hospital from COVID-19, researchers have found.]

Freely available online

Brain and nerve complications are more common than expected in younger patients with severe COVID-19.

NIHR Evidence; 2020.

<https://evidence.nihr.ac.uk/alert/brain-and-nerve-complications-are-more-common-than-expected-in-younger-patients-with-severe-covid-19/>

[NIHR Alert. People aged under 60 who are hospitalised with COVID-19 are more likely than expected to experience severe psychiatric symptoms. Research found that altered mental states such as psychosis are being reported in these younger patients. It confirmed that strokes and other neurological symptoms are common in severe COVID-19.]

Freely available online

Disability inclusive Covid-19 response.

House of Commons Library; 2020.

<https://commonslibrary.parliament.uk/research-briefings/cdp-2020-0101/>

[House of Commons Research Report 13 October 2020. A briefing to support a Westminster Hall debate held 15 October 2020. It summarises relevant government briefings and useful documents, including press and parliamentary material.]

Freely available online

Health and Wellbeing Interventions in Healthcare: A rapid evidence review.

Institute for Employment Studies; 2020.

<https://www.employment-studies.co.uk/resource/health-and-wellbeing-interventions-healthcare>

[NHS Employers commissioned the Institute for Employment Studies to investigate the evidence base of health and wellbeing interventions used in health care and their implications for wellbeing outcomes. The findings add to current knowledge about wellbeing interventions that are commonly implemented, if there is any evidence of their efficacy, and what future research still needs to be undertaken in this area.]

Freely available online

Health service use in the last two years of life.

The Strategy Unit; 2020.

<https://www.strategyunitwm.nhs.uk/publications/health-service-use-last-two-years-life>

[A series of reports that describe the health services that patients use in the last 2 years of their lives. Reports are available for the Midlands region as a whole and for each of the 11 Sustainability and Transformation Partnerships (STP) or Integrated Care Systems in the region.]

Freely available online

Inadmissible Evidence: the double standard in evidence-based practice, and how it harms patients.

Patient Experience Library; 2020.

<http://pexlib.net/?227119=>

[The report points to a double standard which takes medical research seriously, while dismissing the experiences of patients as "anecdotal". We call for steps that would strengthen evidence-based practice and ensure that the patient voice is better heard. These include better research prioritisation, improved analytical tools and a professional learning infrastructure for patient experience work.]

Freely available online

Information standards for health and care integration Draft v1.0.

Professional Records Standards Body For Health And Social Care; 2020.

<https://theprsb.org/standards/healthandcareintegration/>

[The Professional Records Standards Body (PRSB) has published a set of draft standards to help integrate health and social care by ensuring important information is shared. The draft standards were produced with the support of more than 1,000 frontline professionals, carers and patients.]

Freely available online

Logic model for integrated care.

Social Care Institute for Excellence (SCIE); 2020.

<https://www.scie.org.uk/integrated-care/measuring-evaluating/logic-model>

[The logic model describes what good looks like, providing a visual depiction of how a fully integrated health and care system might be structured and function, and the outcomes and benefits it should deliver for those who use services and their carers. It describes: the enablers of integration; the key components of integrated care; the outcomes for people who use services, for the integrated services and for the wider health and care system; the long-term impacts and benefits.]

Freely available online

People with mild memory problems are left in limbo between health and dementia, and need help to make lifestyle changes.

NIHR Evidence; 2020.

<https://evidence.nihr.ac.uk/alert/people-with-mild-memory-problems-are-left-in-limbo-between-health-and-dementia-and-need-help-to-make-lifestyle-changes/>

[NIHR Alert. People with memory problems who are told they do not have dementia – but might get it in future – are left in limbo, uncertain about their future and with few services to help them. Research is underway into a programme that may help them reduce their risk of dementia.]

Freely available online

Organizational Evidence-Based and Promising Practices for Improving Clinician Well-Being.

US National Academy of Medicine; 2020.

<https://nam.edu/organizational-evidence-based-and-promising-practices-for-improving-clinician-well-being/>

[Organizations seeking to reduce burnout and improve well-being among clinicians can create a better work environment by aligning commitments, leadership structures, policies, and actions with evidence-based and promising best practices. This paper describes evidence-based and promising practices shown to increase clinician well-being across six domains, provides examples, and presents principles of organizational action for clinician well-being.]

Freely available online

Patient Noun Adjective: understanding the experience of waiting for care.

National Voices; 2020.

<https://www.nationalvoices.org.uk/publications/our-publications/patient-noun-adjective-understanding-experience-waiting-care>

[National Voices was asked by NHS England and Improvement to explore the experience of waiting for care. We wanted to understand how waits, delays and cancellations impact on people and their families, particularly those living with long term and multiple conditions.]

Freely available online

Tackling health inequalities for Black, Asian and minority ethnic communities and colleagues: Understanding impact, reducing inequalities, supporting recovery.

West Yorkshire and Harrogate Health and Care Partnership; 2020.

<https://www.wyhppartnership.co.uk/application/files/7116/0284/2929/bame-review-report.pdf>

[Evidence shows that people from Black, Asian and minority ethnic (BAME) communities continue to face health inequalities, discrimination in the workplace and are more likely to develop and die as a result of a plethora of diseases, most recently COVID-19.]

What injections can be given orally or via enteral feeding tubes?

Specialist Pharmacy Service (SPS); 2020.

<https://www.sps.nhs.uk/articles/what-injections-can-be-given-enterally/>

[This updated Medicines Q&A is a quick reference summary to different types of enteral feeding tubes, in relation to medication issues.]

Freely available online

Women's Health Pocket Guide.

Royal College of Nursing (RCN); 2020.

<https://www.rcn.org.uk/professional-development/publications/rcn-womens-health-cards-uk-pub-009289>

[An easy reference tool for nurses, and midwives working with women, including in gynaecology, sexual and reproductive health, in all health and social care settings across the UK.]

Freely available online

Articles

The following article(s) may be of interest:

A themed game to learn about nursing theories and models: a descriptive study.

Martín-Rodríguez L. *Nurse Education in Practice* 2020;49:102905.

[One of the most demanding challenges for teachers in undergraduate nursing programmes is teaching the intangible aspects of the discipline, such as its conceptual and theoretical bases. This study aimed to evaluate nursing students' satisfaction and knowledge acquisition after taking part in a specific themed game to learn about nursing theories and models.]

Available with an NHS OpenAthens password for eligible users

Anticoagulation outcomes in hospitalized Covid-19 patients: A systematic review and meta-analysis of case-control and cohort studies.

Kamel AM. *Reviews in Medical Virology* 2020;;e2180.

[Findings support the association of AC with mortality in Covid-19 patients. The results, synthesized from mostly low-quality studies, show that prophylactic and therapeutic AC might reduce mortality in Covid-19 patients. Findings suggest that therapeutic doses might be associated with better survival compared to prophylactic doses.]

Freely available online

Educating generation Z: Psychosocial dimensions of the clinical learning environment that predict student satisfaction.

DiMattio M. *Nurse Education in Practice* 2020;49:102901.

[Generation Z (Gen Z) nursing students have characteristics that differentiate them from previous cohorts. They are entrenched in technology, prefer to work at their own pace, seek a great deal of feedback, and can be anxious. Because Gen Z is also entrepreneurial, it is important to identify strategies for promoting satisfaction among Gen Z nursing students to retain them in nursing.]

Available with an NHS OpenAthens password for eligible users

Evaluating the effect of nurse-initiated discussion of infection management during ICU bedside rounds.

Dresser L. *BMJ Open Quality* 2020;9(4):doi: 10.1136/bmjopen-2020-001037.

[Conclusion: Redesigning bedside nurse reporting to include infection is associated with improved infection management discussion.]

In-PREP: a new learning design framework and methodology applied to a relational care training intervention for healthcare assistants.

Wharrad H. *BMC Health Services Research* 2020;20(1):1010.

[Learning theory and an instructional design model were key components of the In-PREP (Input, Process, Review and Evaluation, Product) development methodology used in the design of the 'Older People's Shoes' training intervention to improve the delivery of relational care by front-line hospital staff. In-PREP enables high quality learning content, alignment with learner needs and a product that is relevant, practical and straightforward to implement.]

Negative-pressure wound therapy for III/IV pressure injuries: A meta-analysis.

Song Y-P. *Wound Repair and Regeneration* 2020;;doi: 10.1111/wrr.12863.

[This meta-analysis was conducted to identify the potential benefits and the efficacy of negative-pressure wound therapy (NPWT) for III/IV pressure injuries (PIs) compared with standard wound care (SWC). Our meta-analysis indicated that NPWT was associated with greater improvements in improving PIs and shortening healing time for III/IV PIs. However, this conclusion needs to be confirmed by high-quality multicenter RCTs.]

Available with an NHS OpenAthens password for eligible users

Prevalence and Risk Factors of Thromboembolism among Patients With Coronavirus Disease-19: A Systematic Review and Meta-Analysis.

Kefale B. *Clinical and Applied Thrombosis/Hemostasis* 2020;26:1076029620967083 .

[The pooled prevalence of thrombotic events in COVID-19 patients was 33%. The prevalence of thrombotic events is variable on the basis of study design and study centers. Several risk factors such as elevated D-dimer, hospitalized in the intensive care unit and being under mechanical ventilation, were the most frequently reported risk factors identified. Therefore, healthcare professionals should consider these risk factors to optimally manage thromboembolism in COVID-19 patients.]

Freely available online

[The index of oxygenation to respiratory rate as a prognostic factor for mortality in Sepsis.](#)

Lee CU. *American Journal of Emergency Medicine* 2020;;S0735-6757(20)30849-4.

[The ROX index was lower in nonsurvivors than in survivors, and a ROX index less than or equal to 10 was an independent prognostic factor for 28-day mortality in patients with sepsis or septic shock. Therefore, the ROX index could be used as a prognostic marker in sepsis.]

Contact the library for a copy of this article

[Using antibiotics wisely for respiratory tract infection in the era of covid-19.](#)

Leis JA. *BMJ* 2020;371:m4125.

Events

Podcast

KGH Knowledge and Library Service

Phone: 01536 492862

Email: library.index@kgh.nhs.uk

Library Website:

<http://kghlibrary.koha-ptfs.co.uk>



[@KGHNHSLibrary](https://twitter.com/KGHNHSLibrary)

Would you like help to find information to support CPD and revalidation?

Or to receive personal alerts to articles and reports on topics of particular interest to you?

Ask us about **KnowledgeShare** to receive fortnightly emails highlighting relevant reports and articles

Caring with Confidence: the Code in Action



We know that nurses, midwives and nursing associates have been facing difficult decisions in unprecedented circumstances over the last few months. That's why we've launched Caring with Confidence: The Code in Action.

Caring with Confidence is a series of bite-sized animations about key aspects of nursing or midwifery professionals' roles, and how the Code can support them.

Please share Caring with Confidence in your organisation, to help us support as many nurses, midwives and nursing associates as possible to feel confident about the care they deliver in these challenging times and beyond.

[Find out more](#)

New EDI research published

New research into our processes has identified disparities in people's experiences and outcomes, depending on who they are.

We published 'Ambitious for change: research into NMC processes and people's protected characteristics' this month. The research looks into how a person's protected characteristics, like gender, ethnicity or age, affects their experience of NMC processes. These processes include education, overseas registration, revalidation and fitness to practise.



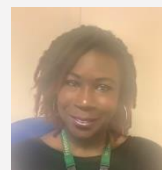
[Read more about our new EDI research](#)

Guest article



We need a culture of speaking up

October is national Speaking Up month – a chance to raise awareness of the Freedom to Speak Up initiative. In this article we hear from Karyn Richards-Wright, Freedom to Speak Up Guardian at St George's University Hospitals NHS Foundation Trust and Regional Freedom to Speak Up Network Chair for London.



Karyn
Richards-
Wright
Speak Up
Guardian

[Read More](#)

Other updates



Post-registration standards consultation

We want our new post-registration standards for specialist community public health nursing (SCPHN) and specialist practice qualifications (SPQ) to be ambitious and transformative.

[Read More](#)



An inspiring webinar for Black History Month

As part of Black History Month our BME network, arranged a webinar to celebrate the contribution of black nurses and midwives to the NHS.

[Read More](#)



Together in practice

We've made it easier to access the latest



Revalidation extensions

We know that the current circumstances

information on our EDI aims and the work we're doing in this area.

[Read More](#)

have made it difficult for many of the nurses, midwives and nursing associates you employ to complete their revalidations.

[Read More](#)



Occupational English Test now online

People wishing to join our register from abroad can now use OET@Home results to demonstrate their English language ability. Candidates will not need to visit an OET test centre or wait for them to reopen.

[Read More](#)



Careline for professionals will continue

We have decided to continue our careline for nurses and midwifery professionals going through our fitness to practice (FtP) procedures.

[Read More](#)



Download our Covid-19 info packs >



Free FtP careline for professionals >

As the professional regulator of nurses and midwives in the UK, and nursing associates in England, we work to ensure these professionals have the knowledge and skills to deliver consistent, quality care that keeps people safe.

[Unsubscribe](#) | [Privacy Policy](#)