

MA Healthcare

Diet and Nutrition



Whether in hospital, community or residential care settings, effective medical treatment and long-term recovery relies upon good nutrition and hydration. As the dignity and well-being of the patient takes on greater importance, the understanding of right nutrition will be essential to the work of health professionals. We have provided a list of relevant articles from MA Healthcare journals dealing with this area, providing your staff with research, information and tips that will support both their work and the quality of care for their patients.

British Journal of Community Nursing

- Self-guided technology to improve health-related behaviour and quality of life in people with cancer
Published Online:2 Sep 2021
<https://doi.org/10.12968/bjcn.2021.26.9.434>
- Buried bumper syndrome: prevention and management in the community
Published Online:2 Sep 2021
<https://doi.org/10.12968/bjcn.2021.26.9.428>

British Journal of Healthcare Assistants

- Crafting a national food strategy to tackle UK obesity
Published Online:11 Nov 2021
<https://doi.org/10.12968/bjha.2021.15.10.510>
- Food allergy—care and management
Published Online:11 Jan 2022
<https://doi.org/10.12968/bjha.2022.16.1.32>
- Healthwise, Part 5. Prevention and treatment of type 2 diabetes
Published Online:11 Jan 2022
<https://doi.org/10.12968/bjha.2022.16.1.18>
- Crafting a national food strategy to tackle UK obesity
Published Online:11 Nov 2021
<https://doi.org/10.12968/bjha.2021.15.10.510>

British Journal of Hospital Medicine

- Anorexia nervosa and pancreatitis

Published Online:15 Dec 2021

<https://doi.org/10.12968/hmed.2021.0429>

British Journal of Nursing

- Nutrition during the menopause: clinical considerations
Published Online:10 Dec 2021
<https://doi.org/10.12968/bjon.2021.30.22.1308>
- Independent review seeks to tackle obesity and other diet-related diseases
Published Online:2 Oct 2021
<https://doi.org/10.12968/bjon.2021.30.17.1040>
- Nutrition therapy for long COVID
Published Online:27 Nov 2021
<https://doi.org/10.12968/bjon.2021.30.21.S28>
- Sarcopenia and malnutrition: commonly occurring conditions in the older population
Published Online:27 Nov 2021
<https://doi.org/10.12968/bjon.2021.30.21.S4>
- Estimating the time point for nutritional failure in patients suffering from acute brain attacks in the intensive care unit
Published Online:27 Nov 2021
<https://doi.org/10.12968/bjon.2021.30.21.S12>
- The influence of anaemia on pressure ulcer healing in elderly patients
Published Online:11 Aug 2021
<https://doi.org/10.12968/bjon.2021.30.15.S32>
- The nurse's role in providing strategies and advice on weight management
Published Online:27 Nov 2021
<https://doi.org/10.12968/bjon.2021.30.21.S20>
- Monitoring of blood glucose levels, ketones and insulin bolus advice using 4SURE products and app-based technology
Published Online:12 Jan 2022
<https://doi.org/10.12968/bjon.2022.31.1.34>

Dental Nursing

- Supporting plant-based patients
Published Online:1 Sep 2021
<https://doi.org/10.12968/denn.2021.17.9.452>

Gastrointestinal Nursing

- Care without sufficient knowledge of people with home enteral tube feeding: a qualitative study
Published Online:14 Dec 2021
<https://doi.org/10.12968/gasn.2021.19.10.26>

- Evidence-based management of disease-related malnutrition: updated guidance
Published Online:6 Jan 2022
<https://doi.org/10.12968/bjcn.2022.27.1.12>

International Journal of Therapy and Rehabilitation

- Characterisation of hospital-produced guidelines regarding management of temporary tube feeding care in general paediatric patients
Published Online:2 Dec 2021
<https://doi.org/10.12968/ijtr.2020.0002>

Nursing and Residential Care

- An exploration of hydration care for nursing home residents living with dementia
Published Online:23 Dec 2021
<https://doi.org/10.12968/nrec.2021.23.12.3>