

QUICK HINT

Take a clean cloth and damp it with washing up liquid. Rub it all over the windows and it will stop them from misting up.

GOODBYE

We would like to say good bye and good luck to Mrs. Ingram and Mrs. Mild water and Mrs. Pringle who have left the laundress here at St. Mary's.

WHAT WE DO

When my husband came home from work the other day, he found the house in chaos. "Whats happened", he shouted. "Well" I said, "You are always wondering what I do all day. Well here it is, I didn't do IT".

PULSE IN WONDERLAND

Once upon a time in an oldye worldye village of Oxfyorde, there lived a wase old man named Oxree Hosbord. His task in life was to use the Queen's monies in the organisation and the running of what were known as atch-m-sees.... These stretched over a large area many miles apart.

This is a tale about the workers in these atch-m-sees whose duty was to care for others. For this duty they were paid every week and were well satisfied.

However, one day, Oxree Hosbord decided that a new scheme ought to be introduced to spend more of the Queen's monies; monies which were gotten by harsh taxes paid by atch-m-see workers. This scheme he called 'compohta'. It was the dream of his lifetime. He often dreamed.

The 'compohta' was introduced. The small sections in the atch-m-sees known as wages sections had been plodding along giving an admirable service to the rest of the workers, which meant they were paid correctly every week. With the introduction of Oxree Hosbord's 'compohta' turmoil set in. The wages sections now had to prepare the pay for fellow workers in one day instead of one week. They and others became slaves of 'compohta' preparing its fussy feeds in one day. These feeds, prepared in great haste, were not always to 'compohta's' taste. He refused to pay some workers so wages sections had to revert to Oxree Hosbord's original system to pay them. This meant a tremendous amount of work for wages sections to get 'compohta' to pay them the next week. Atch-m-see workers were now often getting the wrong pay and violent anti-'compohta' demonstrations took place.

However, there is a happy ending to the tale. Oxree Hosbords died. His successor introduced 'super compohta', a new local 'compohta' easily controlled by the atch-m-sees.

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LONDON AIRPORT AND WINDSOR TRIP

As deputy "Roll caller" and armed with a long list of army type instructions, I awaited with some trepidation the arrival of the coach. With "The List" and "The Party" sorted out the fifty one of us settled down to a pleasant and uneventful run for our first stage of the journey. We stopped at Toddington Service station for refreshments and arrived at London Airport at 12. noon. Our very helpful driver showed us the best place to get the view and once we had all clambered the steps up to the terrace, 51 people seemed to disappear into air. A very heavy storm drove us all to take shelter, but munching our sandwiches, we could still watch the incredibly frequent arrival and departure of planes of many lands, a fascinating and ever changing scene, explained to us by a commentator from the airport. Time just flew and 3.00 p.m. came all too soon for me. On the way to Windsor, via Runnymede, we saw the Doomsday Meadow, Magna Carta plaque and John F. Kennedy Memorial. To get to the centre of Windsor we took a "Water Bus" and our 6d. ride was much enjoyed even if the seats were a little damp.

continued

London Airport and Windsor trip continued.

At Windsor, the weather was unkind again, though some of us were lucky in that during the worst of the storm we were visiting the Castle. Time for the journey back came again too quickly. The trip back took us through the lovely county of Buckinghamshire. We reached Kettering by 9.30 p.m. after a day which must have been enjoyed by the young and not-so-young alike, (coming from St. Mary's I dare not say OLD!)

"Deputy Head Counter"

SLIMMING EXERCISES

Start feet apart, arms bent, dumb-bells held at shoulders.

Reach up high with one dumb-bell, at same time bending trunk to opposite side. As you start to lower dumb-bell, bend to other side and press other dumb-bell over head.

Breathing Freely throughout.

Repetitions 8 progressing to 15, count on the starting arm.

Purpose Exercise arms and shoulders, spinal muscles and waist line.

HORROR-SCOPE

Men have the advantage this month. Rumours are ten a penny so set a good example. Verify the serious matters which come to your attention. A prosperous month for those in love.

NURSES CHRISTIAN FELLOWSHIP

NATIVTTY TABLEAU. Can you act? sing? mime? play an instrument?
If so - come and share in the rehearsals each Monday at 8.30 p.m. in the Recreation Hall, Kettering General Hospital.

Thursday evenings at 8.45 p.m. at St. Mary's Hospital - Bible Study and Prayer Meeting. All are welcome.

WANTED

Travelling trunk (with or without Elephant) please contact B. Shrubbs, General Office, St. Mary's Hospital.

Shorthand-Typist seeks small flat, Kettering central. Bed sitter considered. Telephone Kettering 4225 after 6.00 p.m.

Required FormChristmas Show, any old sheets, pillowcases. Bundles please to Mrs. Marshall, c/o. O.T. Department, St. Mary's.

FOR SALE

High Pram, Bed and Canopy, also shopping rack underneath. Best offer accepted. Apply P. Batty, Laundry, St. Mary's Hospital.

High Pram. very good condition, with canopy. £7 o.n.o. Mrs. Lineham, Laundry, St. Mary's Hospital.

STOP PRESS - DEPUTY EDITOR RESIGNS FROM 'PULSE'

Congratulations to Mr. Brian Shrubbs on his appointment as Deputy Administrator to The Royal Cornwall (Treliske) Hospital, Truro. We wish him all the best in his new post. Local Bank Managers look out!!