

interested contact Alan Jenkinson, Wages Department or Brian Dew, St. Mary's.

DANCES

The next dance to be held in the Recreation Hall, will be on Saturday 29th March, commencing at 7.45 p.m. Refreshments will be provided, and there will be a bar. Tickets 5s. Od. each from General Office and X-Ray Department, K.G.H. and Mrs. Marshall, Occupational Therapist and Sister Robinson Maternity I at St. Mary's.

The April dance which will be the last to be held by the Social Club until September will be held in the Recreation Hall on Saturday 26th April. Dancing will be to the Model 5 and it will commence at 8.30 p.m. Tickets price 5s. Od. from the above named.

The Dance Committee have been fortunate enough to book the Model 5 for three dances to be held next winter. These are Saturday 27th September, Friday 7th November and Friday 5th December. Put these dates in your diary now so you won't forget.

Owing to the success of the Old Tyme Dance on March 12th even though there were not many members of the staff present, we feel that at least some of you might be interested in forming an Old Tyme Club. It may be necessary to provide instruction for beginners and if anyone is interested please contact Sister Robinson, Maty. I. A meeting has been arranged for anyone interested on Monday 7th April at 8.30 p.m. in the Recreation Hall, K.G.H.

RULES FOR WIVES

Come now Mr. Bilson, some people do read their church magazines - here is a real gem taken from a set of 10 rules suggested by the Bishop of Pontefract, the Rt. Rev. Eric Treacy.

1. You shall not interfere with your husband's wardrobe. Men have an odd addiction to old clothes which may, in a woman's eyes be a disgrace. Do not send them to the parish jumble sale. He will feel lost without them.
2. You shall not try to change him into the sort of person you would like him to be. The French have a proverb, "If you can't get what you love, love what you have got".
3. You shall sometimes be helpless so that he can do a rescue act. You may not need it, but it makes him feel that he is helping "the little woman".
4. You shall let him have his mess, especially if he has a hobby, but you can skilfully direct it into certain corners of the house. NEVER tidy his desk. He knows his way through his own muddle.
5. Never let the sun go down on your wrath. Every day is a new beginning, so let the storms and mistakes of yesterday be put away, and let there be healing before you go to sleep.

GENERAL HOSPITAL SHOW

The long-awaited General Hospital Show was presented to members of the staff and friends on Thursday 27th and Friday 28th February, its theme based on popular television programmes. The pace was brisk and the content varied. Humour ranged from witty to bawdy, the latter being a novelty if nothing else. The dancers of the Jean Harris School of Dancing gave an entertaining and well produced contribution, with full marks for enthusiasm and lack of self-consciousness. In contrast we saw how Alf Garnett was coping with hospital in-patient treatment and the commiserations of his ever loving family. Susan Manthorpe proved to be a versatile performer and commere, providing a touch of originality which was a tonic to the production. The general impression given by this year's show was that of whole-hearted enjoyment on the part of the cast, and a surprising amount of talent.

WANTED

Your clean milk bottle tops, foil and silver paper. In aid of Guide Dogs for the Blind Association. Contact Mrs. Bradbury, Broughton 303.

Grand piano or spare leg for the old one. Contact Brian Dew for Int. Sy. Gp. (V) London

Firedogs for the above named.

N.A.L.G.O.

Sorry but the response to last month's article by people who want cheap holidays, insurance, discount at local shops, advice with mortgages etc. not to mention the forthcoming payrise, has been so great that I haven't had a chance to get round to everyone yet. Don't forget if you want any information on N.A.L.G.O. contact Teresa Higgins (St. Mary's Staff) or Dennis Bowen in

Central Admin. K.G.H. if you are at one of the other hospitals in the Group.

BUTTERSCOTCH WHIP

Ingredients: 3 oz. Demerara Sugar, 1 oz. Butter, 1 tin Evaporated Milk (large),  
 $\frac{1}{2}$  oz. Gelatine, 3 tablespoons hot water.

Whip the milk until stiff. Melt the butter and sugar on low heat. Cook gently for five minutes. Take the gelatine and dissolve in hot water and then mix with the butter etc. Cool and then gently fold the mixture into the milk. Leave to set.

THE TELEPHONISTS K.G.H. SWITCHBOARD

Greetings from the switchboard  
Or words to that effect.

"Can I put you through now"  
Good manners you'll detect.

"Then things are flowing sweetly  
Our job we do so well.  
Even when the line's alive  
With words we cannot spell.

Like hounding in ten seconds flat,  
A name that's just a fiddle.  
Like Pandit, Floo or Goticheck  
The lingo's tarraddiddle.

Some say down here we know it all,  
From Alpha to Omega;  
To call head porters, to see a bleep  
At agile feats we're eager.

But "Can I help you" still throughout  
You'll hear the switchboard whisperin'  
Presto, action, you're straight thro'  
To Spencer, Jackson, Crispin.  
Sometimes delay, "Sorry to wait"  
Ring back or hold the line".  
Emergency's NO waiting . . .  
(Small miracles take time)  
We're Male as well as Female  
And we'll put you thro' right gladly.  
Think well of us when quickly 'put'  
If slow, please don't think badly.

LETTER FROM A PATIENT

To Chairman H.M.C.

The Old Rectory,  
Appleby Magna,  
By Burton-on-Trent

Dear Sir,

On Friday 7th March, following a serious motor accident on the A605 road, I was received into the H.C. Pretty emergency Ward at Kettering General Hospital, from which after examination, medical care and attention, I was discharged for home convalescence on the 11th March.

I should like to place on record to your Committee my appreciation of the extremely efficient personal service which I received at the Kettering General Hospital from the doctors and all grades of staff and from the ambulance service. I feel that no higher standard of efficiency could arise in any hospital unit in the country than is the case at Kettering and I am most grateful and appreciative of the treatment and service given to me. I have written a note of thanks to the Matron of the hospital.

Yours very truly,  
H. W. Oakley

CARE OF YOUR RUBBER PLANT (FICUS ELASTICA)

The rubber tree is a native plant of Malaya so the first thing to consider is a warm (55°-70°) but light position in your home, but not direct sunlight, and keep away from draughts. Keep moist during the spring, summer and autumn but keep on the dry side (not dust dry). In the winter regular liquid feeds are beneficial if you want to keep your plant in good condition. Keep the leaves free from dust and wash occasionally with milk and water. Pot on in the spring only using John Innes No. 2 or Levington Compost (potting). The most popular Ficus is the green *Elastica Decora* but there are two good variegated varieties *Schryverana* and *Doesscher Fol Variegata*, which need the same treatment but will be slower growing.

SOCIAL CLUB - STRATFORD THEATRE CLUB GROUP

If you are interested in going to Stratford to see a production of 'Merry Wives of Windsor' on Tuesday April 29th contact Mrs. Hames, Medical Library, K.G.H. Cost of seats will be £1 and the coach fare will be 10s. 0d. return. If you are interested in becoming a member of the Stratford Theatre Club Group for 2s. 6d. a year again contact Mrs. Holmes.

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