

# Current awareness for Nursing

## Recent guidelines and reports, future events and awards

Feb 2018

### Guidelines

#### [ASCN UK Guideline: parastomal hernias.](#)

North J. *British Journal of Nursing* 2017;26(22):S6-S13.

The ASCN (Association of Stoma Care Nurses) UK guideline for the prevention and treatment of parastomal hernias is presented.

*Available with an NHS OpenAthens password for eligible users*

#### [Pressure ulcers: safeguarding adults protocol.](#)

Department of Health and Social Care;2018.

<https://www.gov.uk/government/publications/pressure-ulcers-safeguarding-adults-protocol>

Guidance from the Chief Social Worker on responding to individuals at risk of developing pressure ulcers, and preventing harm where they occur.

*Freely available online*

### Reports

#### [CQC maternity services survey 2017.](#)

Care Quality Commission (CQC); 2018.

<http://www.cqc.org.uk/publications/surveys/maternity-services-survey-2017>

This report finds that overall women reported positive experiences of maternity care over 2017 and there were small incremental improvements in results across almost every question. Whilst there have been general improvements overall, the results highlight the need for better communication and greater patient choice.

*Freely available online*

#### [Deaths involving malnutrition have been on the rise. NHS neglect is not to blame.](#)

Office for National Statistics (ONS); 2018.

<https://blog.ons.gov.uk/2018/02/14/deaths-involving-malnutrition-have-been-on-the-rise-but-nhs-neglect-is-not-to-blame/>

An increase in the number of people dying in hospital with a diagnosis of malnutrition has prompted understandable concern. One leading charity has described the figures as “shocking.” But many factors other than poverty or neglect lie behind the data.

*Freely available online*

#### [Evaluating Calorie Intake](#)

Office for National Statistics (ONS); 2018.

<https://datasciencecampus.ons.gov.uk/2018/02/15/eclipse/>

A report from the Office for National Statistics Data Science Campus, exploring ways to arrive at a realistic understanding of people’s calorie intake. Self-reporting data tends to be significantly at variance with other

sources, making it hard to arrive at an evidence-based understanding of how many calories people are consuming.

*Freely available online*

### **[NMC annual equality, diversity and inclusion report: 2016-2017.](#)**

Nursing and Midwifery Council (NMC); 2018.

<https://www.nmc.org.uk/news/news-and-updates/nmc-publish-equality-diversity-and-inclusion-annual-report/>

Our sixth annual Equality, Diversity and Inclusion (EDI) Annual Report presents our current diversity data and reviews our performance against our strategic aims during 2016-2017. The report highlights that we have created a new EDI framework and are developing action plans, aligned to our 2015-2020 strategy, It also set out how we have a significantly improved data around the diversity of nurses and midwives on our register.

*Freely available online*

### **[Polyurethane Foam Dressings for the Prevention of Pressure Ulcers: Clinical and Cost-Effectiveness and Guidelines.](#)**

Canadian Agency for Drugs and Technologies in Health (CADTH); 2017.

<https://www.ncbi.nlm.nih.gov/pubmedhealth/PMH0097409/>

The purpose of this report is to examine the clinical effectiveness, cost-effectiveness, and evidence-based guidelines regarding the preventive use of polyurethane foam dressings in adult patients at risk for developing pressure ulcers in any setting.

*Freely available online*

### **[Safe, sustainable and productive staffing: an improvement resource for maternity services.](#)**

NHS Improvement; 2018.

<https://improvement.nhs.uk/resources/safe-sustainable-productive-staffing-maternity-services/>

Improvement resource to help standardise safe, sustainable and productive staffing decisions in maternity services.

*Freely available online*

## **Articles**

*The following journal articles are available from the Library and Knowledge Service electronically or in print. Please follow links to access full text online, contact me to order copies, or call into the library.*

### **[A clinical evaluation of a transparent, absorbent, adhesive wound dressing.](#)**

von Cramon L. *British Journal of Nursing* 2017;26(20 Suppl.):S46-S53.

The performance of a transparent absorbent adhesive wound dressing (TAAWD) was observed over 7 days in five plastic surgery clinics across Germany. The study included 47 diverse postoperative linear wounds and donor sites with dry or minimal exudate levels. At the end of the observation period, 100% of wounds were recorded as healing with no reported complications. Clinicians considered that the new dressing had predominantly met clinical needs in 89% of cases.

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### **[A commitment to making things better.](#)**

Price-Dowd C. *British Journal of Nursing* 2018;27(1):62-63.

The article discusses the author's views about why commitment is fundamental for nurses, and it mentions a nurse's dedication to improving the experiences of patients, caregivers (carers), and others. Nurses' commitments to themselves are addressed, along with nursing practices and a commitment to the professional values of nursing. Nursing-related skills and the portrayal of nurses on social media are examined, as well as nurse-patient relations.

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### [\*\*A good mentor will never make you feel like a burden.\*\*](#)

Stone R. *British Journal of Nursing* 2018;27(1):32-32.

The author, at the time of writing a final-year student at the University of East Anglia, reflects on the importance of an approachable, encouraging and sometimes challenging mentor for students on placement.

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### [\*\*A person-centred communication approach to working with older people who have dementia.\*\*](#)

Coleman DJ. *British Journal of Healthcare Assistants* 2017;11(11):548 - 552.

The main signs and symptoms of dementia include loss of memory, impaired thinking and problem-solving skills, and difficulties with communication. Effective communication in the healthcare setting will ensure patient care is safe and enable support workers to understand the needs of the older person with dementia.

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### [\*\*A review of midwifery leadership.\*\*](#)

Bannon EM. *British Journal of Midwifery* 2017;25(10):655-661.

The ineffectiveness of leadership across maternity services in England has been a recurrent theme over a number of years, with reports continuing to identify the same issues. This article will explore the history of midwifery leadership, examining the reasons why midwives in particular have been perceived as failing to have developed the necessary skills to lead and manage maternity services.

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### [\*\*Accuracy of non-invasive blood pressure measurements in obese patients.\*\*](#)

Arnold A. *British Journal of Nursing* 2018;27(1):35-40.

This article describes an evidence-based literature review, comparing upper arm and forearm blood pressure measurements using non-invasive devices on obese patients. The focus on blood pressure monitoring was in response to regularly witnessing inappropriately applied blood pressure cuffs on obese patient's upper arms in practice. An inaccurately obtained blood pressure measurement can result in the misdiagnosis and treatment of hypertension.

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### [\*\*Active blended learning for clinical skills acquisition: innovation to meet professional expectations.\*\*](#)

Power A. *British Journal of Midwifery* 2017;25(10):668-670.

The standards for pre-registration midwifery education state that the practice-theory ratio of the programme should be no less than 50% practice and no less than 40% theory, adopting a variety of learning and teaching strategies, including simulation. With changes in regulation under consultation, and an ever more complex clinical environment, it is timely to revisit learning, teaching and assessment strategies in pre-registration education to ensure that they are fit for purpose.

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### [\*\*Advancing infection prevention and antimicrobial stewardship through improvement science.\[Viewpoint\]\*\*](#)

Leis JA. *BMJ Quality & Safety* 2018;27(2):163 - 165.

Since their inception, hospital infection prevention (IP) and Antimicrobial Stewardship Programs (ASP) have worked to deploy interventions to mitigate risk of infection and antimicrobial resistance arising from our usual systems of care. They generated advances in quality improvement and patient safety, even before these were recognised fields...

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### [An introduction to ethical theory for healthcare assistants.](#)

Rodger D. *British Journal of Healthcare Assistants* 2017;11(11):556 - 561.

This article will summarise the four main ethical theories that have relevance for healthcare assistants.

These are: utilitarianism, deontology, virtue ethics and principlism.'

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### [Antimicrobial resistance, antibiotic stewardship, and the midwife's role.](#)

Furber C. *British Journal of Midwifery* 2017;25(11):693-698.

Without effective antibiotics, treatable conditions, such as ear, tooth and urine infections, may become life-threatening. To minimise antimicrobial resistance, midwives should use clinical strategies that facilitate antibiotic stewardship, such as promoting healthy lifestyles, infection control and compliance with prescribed antibiotic treatment, and should endeavour to share knowledge and expertise with members of the wider multidisciplinary team, such as pharmacists.

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### [Can we improve care and save money?](#)

Foster S. *British Journal of Nursing* 2017;26(22):1267-1267.

The author response to comments from British Secretary of State for Health Jeremy Hunt on medical care costs. She discusses Hunt's views on the National Health Service, evaluating the quality of medical care at British health facilities, and collaboration between management and frontline staff at hospitals.

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### [Creating an appropriate environment for a person with dementia.](#)

Mendes A. *British Journal of Nursing* 2017;26(21):1206-1206.

The article discusses the creation of environments designed for people with dementia, particularly in medical care facilities. Topics include the assessment of multisensory environments (MSEs), the relation of hospital acute care environments to people with dementia, and safety aspects of environments for people with dementia.

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### [E-learning for health professionals.](#)

Vaona A. *Cochrane Database of Systematic Reviews* 2018;(1):CD011736.

When compared to traditional learning, e-learning may make little or no difference in patient outcomes or health professionals' behaviours, skills or knowledge. Even if e-learning could be more successful than traditional learning in particular medical education settings, general claims of it as inherently more effective than traditional learning may be misleading.

*Freely available online*

### [Flagging up flu vaccination.](#)

Foster S. *British Journal of Nursing* 2017;26(21):1211-1211.

The article discusses the impacts of a 2017 National Health Service (NHS) England flu vaccination campaign for medical personnel. Topics include rates of medical personnel who received the vaccination in relation to the attitudes toward it, the importance of communication by a health organisation with personnel, and legal issues facing the possibility of making the vaccination compulsory for healthcare workers.

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### [Fundamental nursing care: A systematic review of the evidence on the effect of nursing care interventions for nutrition, elimination, mobility and hygiene.](#)

Richards DA. *Journal of Clinical Nursing* 2017;00:1-11.

Patient experience of health care is sensitive to nursing quality. A refocus on fundamental nursing care is undermined by lack of evidence of effectiveness for interventions in core areas such as elimination, nutrition, mobility and hygiene. The current evidence for fundamental nursing care interventions is sparse,

of poor quality and unfit to provide evidence-based guidance to practising nurses.

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### [Getting it right first time. \[Editorial\]](#)

Milne J. *British Journal of Nursing* 2017;26(20 Suppl.):S3-S3.

This editorial addresses the objectives of the British National Health Services (NHS) agency, tissue viability services, and national healthcare priorities as of 2017, and it mentions the annual wound care costs in Great Britain. Patients living with wounds are examined, along with a wound care Commissioning for Quality and Innovation study. Patient-physician relations and the importance of team leadership in medicine are examined.

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### [How peer facilitation can help nursing students develop their skills.](#)

Davis E. *British Journal of Nursing* 2017;26(21):1187-1191.

NMC standards state that all registered nurses are responsible for the student learning experience. However, newly qualified nurses can feel under prepared to support preregistration student learning in the clinical area. This article discusses the implementation of a peer facilitation scheme for pre-registration nursing students in a higher education institution in London. The scheme trained second-year nursing students to be peer facilitators for first-year clinical skills sessions.

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### [Implications for operationalising the new education standards for nursing.](#)

Leigh J. *British Journal of Nursing* 2017;26(21):1197-1199.

The article discusses pre-registration nursing education standards to be adopted by the British Nursing and Midwifery Council (NMC) in 2018. Topics include the role of mentoring in nursing education, the need for partnerships between approved education institutions (AEIs) and healthcare organisations, and the supervision of nursing students during practice learning.

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### [Improving flu campaigns: protecting healthcare workers and patients.](#)

Meredith N. *British Journal of Nursing* 2018;27(1):22-23.

The article explores the difference in flu vaccine uptake among healthcare workers between Wales and New Zealand and makes recommendations to help strengthen the flu campaign in Wales, with leadership being a strong theme.

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### [Introducing a new superabsorbent dressing to manage wound exudate.](#)

Tickle J. *British Journal of Nursing* 2017;26(20 Suppl.):S38-S45.

The production of wound exudate is a natural and normal consequence of healing. However, when the constituents, volume and consistency of the exudate alter, problems can occur. This article discusses the different types of exudate and its impact on both the patient and the clinician and outlines exudate assessment and effective management and dressing selection. If these are performed appropriately, this can improve quality of life and save time and money for healthcare providers.

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### [Managing exudate and maceration in venous leg ulceration within the acute health setting.](#)

Brown A. *British Journal of Nursing* 2017;26(20 Suppl.):S18-S24.

Exudate has beneficial effects in normal wound healing but detrimental consequences for chronic wounds. Practitioners need to identify and treat its cause, and manage the exudate and prevent it from damaging periwound skin. Compression therapy is the gold standard treatment for treating oedema and venous leg ulceration. This article is intended for nurses who may have to manage these patients temporarily while they are admitted to secondary care and may not have the skills.

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### **[Managing the nutritional needs of palliative care patients.](#)**

Day T. *British Journal of Nursing* 2017;26(21):1151-1159.

The nutritional needs of patients receiving palliative care should be routinely assessed, taking into account disease trajectory and nutrition-related symptoms. The social and emotional aspects of eating and drinking should also be acknowledged; as should the distress that weight loss and anorexia engenders in patients and their families. Practical strategies to optimise nutritional intake are discussed.

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### **[Mind your language.](#)**

Silverton L. *British Journal of Midwifery* 2017;25(10):618-618.

[The author discusses the influence of medical language and terminology in the field of midwifery. Topics include the use of the terms 'women' or 'mothers' and 'give birth' instead of 'patients' and 'deliver' by midwives, the tendency for terms such as the word 'allow' to insinuate that women are in a subservient position, and the influence of environment on communication between women, their families, and maternity staff.]

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### **[Negative pressure wound therapy.](#)**

Smith J. *British Journal of Nursing* 2017;26(20 Suppl.):S30-S32.

[The article discusses a negative pressure wound therapy workshop which was conducted by nurse Jeannette Milne as part of the Wound Expo 2017 event, and it mentions the burden of chronic wound treatments, nurse-patient relations, and the British National Health Service (NHS) agency. Wound healing and patient reassessments are addressed, along with alternative medical treatments for wounds. Wound infection treatment and surgical flaps and grafts are examined.]

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### **[Not enough 'safe care' for maternity service users, warns NHS England.](#)**

Quaile A. *British Journal of Midwifery* 2017;25(10):622-622.

[The article discusses the NHS England Health and Care Innovation Expo held in Manchester, England in September 2017, including speeches from Professor Sarah Jane Marsh, and Maternity Transformation Programme director Matthew Tagney.]

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### **[Preparing for future incapacity.](#)**

Griffith R. *British Journal of Nursing* 2017;26(22):1254-1255.

[The article discusses options for individuals who may be incapacitated by health conditions that lead to an inability to make medical care decisions. It focuses on the British Court of Protection, a superior court that provides a judicial forum for decisions or disputes, and covers the power to make declarations, costs, and policies covered by the Mental Capacity Act 2005.]

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### **[Preparing for future incapacity: part 2.](#)**

Griffith R. *British Journal of Nursing* 2018;27(1):60-61.

[The article discusses the author's views about the formal powers of the British Mental Capacity Act 2005 in relation to the benefits that are associated with an individual's planning for future incapacity. The best interests of a person who lacks decision making capacity are addressed, along with patient autonomy, the legal right to refuse life-sustaining medical treatments in Great Britain, and clinically assisted nutrition and hydration (CANH).]

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### [Recognising and assessing care needs in patients with dementia: the three Ds.](#)

Mendes A. *British Journal of Nursing* 2017;26(22):260-1261.

[The article discusses the screen and identification of dementia, delirium, and depression in older people admitted to an acute nursing ward. It covers symptoms of each condition related to topics such as memory, mental awareness, and emotional well-be]

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### [Regulating the nursing associate profession.](#)

Gaspar A. *British Journal of Nursing* 2017;26(21):1200-1201.

[The article discusses a proposed legislative revision of the British law Nursing and Midwifery Order 2001 in relation to the regulation of nursing associates. Topics include the history of nursing education regulation in Great Britain, the legal powers of the government agency Nursing and Midwifery Council (NMC), and a public consultation on the proposed legislation.]

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### [Regulation of nursing associates in England: have your say.](#)

Department of Health. *British Journal of Healthcare Assistants* 2017;11(11):553 - 555.

['The nursing associate role is being developed to bridge the gap between healthcare assistants and registered nurses in England.' A survey has been developed to aid the regulation of the nursing associate role.]

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### [Report card on the Care Quality Commission.](#)

Tingle J. *British Journal of Nursing* 2017;26(21):1202-1203.

[The article discusses the work of the British government Care Quality Commission (CQC) in regulating the British National Health Service (NHS). Topics include a report by the agency National Audit Office (NAO), issues regarding British government regulation of healthcare, and the relation of the CQC to healthcare quality.]

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### [Safeguarding vulnerable adults.](#)

Foster S. *British Journal of Nursing* 2018;27(1):67-67.

[The article discusses the author's views about the use of deprivation of liberty safeguards (DoLS) and the British Mental Capacity Act (MCA) to protect vulnerable adults, and it mentions competent medical care from health and social care staff members. Human rights and dignity protections are addressed, along with wellbeing, Great Britain's Care Quality Commission, patient restraint practices, and the use of patient

### [The Government's progress in promoting choice in end-of-life care.](#)

Gaspar A. *British Journal of Nursing* 2017;26(22):1256-1257.

[The author reflects on policies from the British government designed to create greater personalization and choices for end-of-life care patients. He discusses the challenges associated with providing quality experience and outcomes for a growing population nearing death. Particular attention is given to the government report "One Year On" examining equity of access to support for persons approaching end of life.]

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### [The personal tutor as a role model for students: humanising nursing care.](#)

White S. *British Journal of Nursing* 2018;27(1):52-55.

[This article explores how nurse academics in one British university uphold and role model the humanising framework developed by Todres et al (2009). It gives a brief overview of nurse education in the UK and outlines the nature of the personal tutor role. It then offers an overview of the humanising framework, its background and embodiment in the undergraduate nursing curriculum. It concludes with examples of how

this encourages positive meaningful relationships between students and tutors.]

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### **[The role of the Health Service Safety Investigations Body.](#)**

Tingle J. *British Journal of Nursing* 2018;27(1):58-59.

[The article discusses the draft legislative bill that is designed to create the British Health Service Safety Investigations Body (HSSIB), and it mentions the history of Great Britain's National Health Service (NHS) and the potential role of the HSSIB. According to the article, the HSSIB would replace the British Healthcare Safety Investigation Branch (HSIB) and would act independently of the NHS. Patients' safety laws and ethical rights are addressed.]

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### **[The state of care in England: time for a post-match analysis.](#)**

Tingle J. *British Journal of Nursing* 2017;26(22):1258-1259.

[The author presents his thoughts on the British Care Quality Commission (CQC) annual evaluation of health and social care in England for 2017. Topics covered include acute care, length of hospital stay for patients, and safety of hospitals. The future status and funding of the National Health Service (NHS) is also discussed.]

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### **[Unavoidable pressure ulcers at the end of life and nurse understanding.](#)**

Carlsson M. *British Journal of Nursing* 2017;26(20 Suppl.):S6-S17.

The primary aim of this study was to identify and describe the different ways in which nurses understood unavoidable PUs in late palliative care. A second aim was to explore the expediency of the different levels of understanding. A qualitative interview study with a phenomenographic approach was carried out. The study concludes that it is paramount to communicate to nurses that not all PUs can be prevented in dying patients, to lessen the burden of ethical stress for the nurses.

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### **[Vaccines for preventing influenza in the elderly.](#)**

Demicheli V. *Cochrane Database of Systematic Reviews* 2018;(2):CD004876.

Older adults receiving the influenza vaccine may have a lower risk of influenza (from 6% to 2.4%), and probably have a lower risk of influenza-like illness (ILI) compared with those who do not receive a vaccination over the course of a single influenza season (from 6% to 3.5%). This is an update of a review published in 2010. Future updates of this review will be made only when new trials or vaccines become available.

*Freely available online*

### **[Why is the heel particularly vulnerable to pressure ulcers?](#)**

Gefen A. *British Journal of Nursing* 2017;26(20 Suppl.):S62-S74.

In this article, the vulnerability of the soft tissues of the heel to pressure ulcers (injuries) is explained from a biomechanical engineering perspective, and emerging technologies for protecting the heel, particularly low-friction garments, are reviewed. There is growing evidence that low-friction-fabric garments may provide added benefits in preventing heel ulcers when used in addition to standard clinical and technology-supported pressure ulcer prevention strategies.

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### **[Why you should be aware of CPE infection and transmission.](#)**

Still M. *British Journal of Nursing* 2018;27(1):19-20.

CPE, 'carbapenemase-producing Enterobacteriaceae' are not a new phenomenon, but they are increasingly a source of concern. These opportunistic pathogens used to be relatively rare, with the first cases being reported in the early 1990s, but have been steadily increasing since the year 2000 (Nordmann et al, 2011).



CPE produce enzymes that make them resistant to the carbapenem class of antibiotics, which includes meropenem, ertapenem, imipenem and doripenem.

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### [Wound healing Series 2.4, Part 2: components of a wound assessment.](#)

Lloyd Jones M. *British Journal of Healthcare Assistants* 2017;11(11):534 - 537.

Only following a holistic assessment is a wound assessment carried out. This assessment will be used as a baseline in order to chart the improvements or deterioration in the progress of the wound healing and also used to evaluate the treatment prescribed. The aim of this section of series 2 is to set out the principles of a wound assessment and explain its components and the terms used to describe the wound bed etc.

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## Events

[Let Us Know Your Views: Join Our Twitter Chat #EWCulture](#) 12th March 2018 from 20.00-21.00 hrs GMT (21.00-22.00 hrs CET)

We (@Kimmanley, @KateatFoNS, @ShaunCardiff and Jonathan Webster) are interested in growing our knowledge and understanding about how to recognise and enable workplace cultures across health and social care, that are effective and also good to work in. Our aim is to answer the question: What works, for whom, and why, when developing and embedding such cultures?

We want to learn from you and share your insights, wisdom, evidence, individual and collective critique.

### [RCN Education Forum National Conference and Exhibition 2018, 20th - 21st March 2018, Newcastle Upon Tyne](#)

The packed agenda includes themed concurrent presentations, symposia and ViPERS, enabling you to tailor your conference experience to your learning and development needs.

### [Richard Tompkins Nurse Development Scholarship](#)

FoNS is delighted to announce that the 2018 Richard Tompkins Nurse Development Scholarship is open for applications. This prestigious scholarship is a unique development opportunity for a registered nurse, midwife or health visitor, who is committed to developing person-centred cultures of care. This scholarship is open to practitioners who are working clinically in any health or social care setting UK-wide, and is targeting in particular, those at ward sister level or equivalent. Closing date 4th April 2018.

### [Ward Manager Summit, Monday 16 April 2018, London](#)

The importance of the ward manager role cannot be overstated, they are the 'lynch pin' of an organisation, with both direct clinical responsibility and direct leadership. Whether you are currently a ward manager, or aspiring to be one, this event provides an opportunity to learn from the experiences of other ward managers and nurse directors to develop your skills as an effective ward manager.

### [RCN Perioperative Nursing Workshop 2018: Supporting the Patient Journey.](#)

Discover what the nurse's role involves, understand the importance of tailoring your practice to meet the needs of different patient groups and develop your confidence and competence within perioperative nursing. Whether you are a new staff nurse, returning to practice or an experienced perioperative nurse, this workshop is your invaluable learning opportunity to gain an all round understanding of what goes on within the operating theatre.

RCN, London

Date: 23rd April, 2018, 10:30am- 3:30pm

<https://www.rcn.org.uk/news-and-events/events/periop-workshop>

## Developing person-centred, safe and effective cultures

23rd-27th July 2018, East Sussex, England

Book your place at our highly rated residential school, which offers a unique learning experience and represents real value for money:

- [Giselle Cope](#) describes her personal experience of practice development school and its impact on her clinical practice
- [Kate Sanders](#) talks about value for money
- [Jo Odell](#) talks about learning from others
- [Theresa Shaw](#) talks about taking learning back to practice

## Awards

### Macmillan Professionals Excellence Awards.

<http://awards.learnzone.org.uk/>

The Awards recognise the highest standards of cancer care across the UK. Professionals selected by the panel will have exceeded the requirements of their role, achieving outstanding results that have improved the lives of people affected by cancer. Deadline: 31st March 2018.

*Freely available online*

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