

Current awareness for Midwifery

Recent guidelines, reports and articles

August 2020

Guidelines

The following guideline(s) may be of interest:

[Nutritional interventions update: vitamin D supplements during pregnancy](#)

World Health Organization (WHO); 2020.

<https://www.who.int/publications/i/item/9789240008120>

[In April 2019, the Executive Guideline Steering Group (GSG) prioritized two of these antenatal nutrition recommendations for updating in response to new evidence on these interventions, namely: Vitamin D supplements during pregnancy; and Multiple micronutrient supplements during pregnancy.]

[WHO recommendation on Calcium supplementation before pregnancy for the prevention of pre-eclampsia and its complications](#)

World Health Organization (WHO); 2020.

<https://apps.who.int/iris/bitstream/handle/10665/331787/9789240003118-eng.pdf?sequence=1&isAllowed=y&ua=1>

[Among the hypertensive disorders that complicate pregnancy, pre-eclampsia and eclampsia stand out as major causes of maternal and perinatal mortality and morbidity. Most of the deaths due to pre-eclampsia and eclampsia are avoidable through the provision of timely and effective care.]

[How to embed flexible working for nurses.](#)

NHS Employers; 2020.

<https://www.nhsemployers.org/case-studies-and-resources/2020/08/how-to-embed-flexible-working-for-nurses>

[This guidance signposts to the latest research and thinking concerning flexible working, highlights what nurses look for in a flexible role, and identifies a number of key enablers to successfully embedding a culture of flexible working.]

Freely available online

[Principles of preceptorship.](#)

Nursing and Midwifery Council (NMC); 2020.

<https://www.nmc.org.uk/standards/guidance/preceptorship/>

[We created the principles in collaboration with the four Chief Nursing and Chief Midwifery Officers in the UK in recognition of this important period in a professional's nursing, midwifery or nursing associates career. It was timely to update our previous position on preceptorship and align our principles to our new pre-registration standards.]

Freely available online

Reports

The following report(s) may be of interest:

['A long way to go': ethnic minority NHS staff share their stories.](#)

The King's Fund; 2020.

https://features.kingsfund.org.uk/2020/07/ethnic-minority-nhs-staff-racism-discrimination/index.html?_ga=2.98453014.802687522.1596530372-1978414341.1593599623

[What is it like being a member of staff from an ethnic minority background in the NHS? The King's Fund spoke to 12 people about their experiences.]

Consultation

[Reducing bureaucracy in the health and social care system: call for evidence.](https://www.gov.uk/government/consultations/reducing-bureaucracy-in-the-health-and-social-care-system-call-for-evidence)

Department of Health and Social Care (DHSC); 2020.

<https://www.gov.uk/government/consultations/reducing-bureaucracy-in-the-health-and-social-care-system-call-for-evidence>

[Open consultation. If you work in health or social care, or did until recently, we want your views on how to get rid of 'unnecessary bureaucracy' – tasks and processes that need a lot of work but add little value. This consultation closes at 11:59pm on 13 September 2020.]

Freely available online

Blogs and video

[Compassionate Leadership](#)

Michael West, 2020

The Kings Fund

[Creating a safe learning environment in a virtual world](#)

Jo Odell, 2020

FoNS

[Person-centredness COVID-19 and Me](#)

Brendan McCormack; 2020

Centre for Person-centred Practice Research

[This is not the right time for a wholesale NHS reorganisation](#)

Anna Charles; 2020

BMJ Opinion

Events and Courses

[Championing the Cascade of Resilience Based Clinical Supervision- Individual Programme](#)

FoNS:2020

Are you interested in enhancing the well-being of staff and therefore the experience of care for patients, residents and service users? If so, would you like to Champion the implementation of Resilience Based Clinical Supervision within your team, care home, hospice, unit, organisation etc?

The FoNS new programme can help you to achieve this. The programme will be delivered virtually (Zoom or Microsoft Teams) by FoNS facilitators to a small group of participants (Champions), giving you the opportunity to learn with and from each other.

Click [here](#) to find out more, or email RBCS@fons.org to book your place.

Advance Practice Virtual conference: Mon 9th and 12th November 2020

The annual free to attend collaborative event brings together practitioners, educators, employers and researchers from across the country to share best practice, collaborate, network and to hear the latest news about how advanced practice is helping to deliver the national healthcare agenda. Read more [here](#).

RCN Education Forum National Conference & Exhibition 2021- April 20-21st 2021

In a year where Coronavirus has presented the greatest global health crisis of our time, this conference will provide an opportunity for reflection and showcase how the nursing profession has prepared and responded in a pandemic. Abstracts open for this event until 27th September. Read more [here](#)

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