

Current awareness for Midwifery

Recent guidelines, reports and articles

May 2020

Reports

The following report(s) may be of interest:

[COVID-19: Looking after your mental health during pregnancy and after birth.](#)

Maternal Mental Health Alliance; 2020.

<https://maternalmentalhealthalliance.org/resources/mums-and-families/covid-19-looking-after-your-mental-health-during-pregnancy-and-after-birth/>

MMHA members, staff and leading experts have collaborated on guidance to help new and expectant mums protect their mental wellbeing.

Freely available online

[COVID-19 Pandemic / Disaster Recovery Toolkit](#)

BHT Library and Knowledge Service; 2020.

<https://kfh.libraryservices.nhs.uk/wp-content/uploads/2020/04/Apr039-Search-Pandemic-recovery-resource-bank-17-04-20-1.pdf>

This toolkit is based on a literature search carried out by the Buckingham NHS library service.

It identifies tools, resources and literature arranged under the following headings:

- recovery planning
- projected long-term impacts of Covid 19/capacity planning
- workforce resilience and well-being
- leadership
- learning lessons
- organisational resilience

Freely available online

[Perinatal Mental Health Webinar.](#)

FutureNHS; 2020.

<https://ioppandn.newsweaver.com/IOPPN/bxvamhntwe1o6swc75d8z?email=true&lang=en&a=2&p=57132293&t=28619619>

NHSE/I's Perinatal Mental Health Programme Team have recorded this webinar to support the sharing of resources and approaches for responding to domestic violence and abuse (and associated safeguarding) concerns in perinatal women in the current Covid 19 context.

The webinar and recording materials are published on the FutureNHS Collaboration platform. For access please contact england.mhldaincidentresponse@nhs.net.

[The impact of coronavirus on health and social care workers.](#)

House of Commons Library; 2020.

<https://commonslibrary.parliament.uk/insights/mental-health-awareness-week-the-impact-of-coronavirus-on-health-and-social-care-workers/>

This House of Commons Library Insight paper considers the impact of the coronavirus pandemic on the mental health of health and social care staff and what measures have been put in place to support them.

Freely available online

Articles

The following journal articles are available from the Library and Knowledge Service electronically or in print. Please follow links to access full text online, contact me to order copies, or call into the library.

[Analysis of Maternal Coronavirus Infections and Neonates Born to Mothers with 2019-nCoV; a Systematic Review](#)

Muhidin S. *Archives of Academic Emergency Medicine* 2020;8(1):e49.

Freely available online

[Association of Intrauterine Growth Restriction and Small for Gestational Age Status With Childhood Cognitive Outcomes A Systematic Review and Meta-analysis.](#)

Sacchi C. *JAMA Pediatrics* 2020;;doi:10.1001/jamapediatrics.2020.1097.

In this systematic review and meta-analysis of 89 samples from 60 studies including 52 822 children (aged 1-12 years), compared with children born appropriate for gestational age, children who had intrauterine growth restriction and who were small for gestational age had significantly lower cognitive scores.

Available with an NHS OpenAthens password for eligible users

[Midwives' experiences of learning and teaching being 'with woman': a descriptive phenomenological study.](#)

Bradfield Z. *Nurse Education in Practice* 2020;43:102699.

Being 'with woman' is a fundamental concept of midwifery philosophy. Minimal evidence explicates ways this important construct is learned or taught. This paper reflects one part of a larger study and explored midwives' experiences of learning and teaching related to the phenomenon of being 'with woman'. Using a descriptive phenomenological approach, 31 midwives working in a variety of models in Western Australia were interviewed to explore the phenomenon of being 'with woman'.

Available with an NHS OpenAthens password for eligible users

[Peanut ball for decreasing length of labor: A systematic review and meta-analysis of randomized controlled trials.](#)

Grenvik JM. *European Journal of Obstetrics, Gynecology, and Reproductive Biology* 2019;242:159-165.

Peanut ball use was not associated with a significant decrease in total length of labor. Since there were trends toward reductions in length of labor, an increased incidence in spontaneous vaginal deliveries, and lower incidence of cesarean deliveries, more research is needed.

Contact the library for a copy of this article

[Pelvic floor muscle training for prevention and treatment of urinary incontinence during pregnancy and after childbirth and its effect on urinary system and supportive structures assessed by objective measurement techniques.](#)

Soave I. *Archives of Gynecology and Obstetrics* 2019;299(3):609-623.

Overall, the quality of the studies was low. At the present time, there is insufficient evidence to state that PFMT is effective in preventing and treating UI during pregnancy and in the postpartum. However, based on the evidence provided by studies with large sample size, well-defined training protocols, high adherence rates and close follow-up, a PFMT program following general strength-training principles can be recommended both during pregnancy and in the postnatal period.

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[Reducing caesarean rates in a public maternity hospital by implementing a plan of action: a quality improvement report.](#)

Negrini R. *BMJ Open Quality* 2020;9(2):DOI: 10.1136/bmjopen-2019-000791.

BACKGROUND: Caesarean rates increased in different parts of the world, rising from 20% to 33% in the USA and from 40% to 55% in Brazil between 1996 and 2011; however, there was no reduction in morbimortality rates.

CONCLUSION: After the implementation of the plan of action, there was a reduction in caesarean rates in this hospital.

[Using virtual worlds as a platform for collaborative meetings in healthcare: a feasibility study.](#)

Taylor MJ. *BMC Health Services Research* 2020;20(1):442.

Virtual worlds can provide an effective platform for collaborative meetings in healthcare quality improvement, but provision of support to those with weaker computer skills should be ensured, as should the technical reliability of the virtual world being used. Future research could investigate use of virtual worlds in other healthcare settings.

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