

# Current awareness for Midwifery

## Recent guidelines, reports and articles

November 2020

### Reports

The following report(s) may be of interest:

#### [Continuous glucose monitoring in pregnant women with type 1 diabetes.](#)

Scottish Health Technology Group; 2020.

[http://www.healthcareimprovementscotland.org/our\\_work/technologies\\_and\\_medicines/topics\\_assessed/adaptation\\_01-20.aspx](http://www.healthcareimprovementscotland.org/our_work/technologies_and_medicines/topics_assessed/adaptation_01-20.aspx)

[A review the evidence surrounding the use of Continuous Glucose Monitoring in pregnant women with type 1 diabetes.]

*Freely available online*

#### [Dolutegravir \(Tivicay ▼, Triumeq ▼, Juluca ▼\): updated advice on increased risk of neural tube defects.](#)

Medicines and Healthcare Products Regulatory Agency (MHRA); 2020.

<https://www.gov.uk/drug-safety-update/dolutegravir-tivicay-triumeq-juluca-updated-advice-on-increased-risk-of-neural-tube-defects>

[Updated safety recommendations have been issued as part of the European review evaluating cases of neural tube defects in babies born to mothers who became pregnant while taking the HIV medicine dolutegravir. Evidence collected as more women have given birth while on dolutegravir treatment shows a smaller increased risk than previously thought, almost comparable to other HIV drugs.]

*Freely available online*

#### [NHS Maternity Statistics, England 2019-20.](#)

NHS Digital; 2020.

<https://digital.nhs.uk/data-and-information/publications/statistical/nhs-maternity-statistics/2019-20>

[This is a publication on maternity activity in English NHS hospitals. This report examines data relating to delivery and birth episodes in 2019-20, and the booking appointments for these deliveries. There were 591,759 deliveries during 2019-20.]

*Freely available online*

#### [Women's Health Pocket Guide.](#)

Royal College of Nursing (RCN); 2020.

<https://www.rcn.org.uk/professional-development/publications/rcn-womens-health-cards-uk-pub-009289>

[An easy reference tool for nurses, and midwives working with women, including in gynaecology, sexual and reproductive health, in all health and social care settings across the UK.]

*Freely available online*

## Articles

The following articles maybe of interest:

### [Association between hypertensive disorders of pregnancy and the risk of asthma, eczema and allergies in offspring: A systematic review and meta-analysis.](#)

Conlan N. *Clinical and Experimental Allergy* 2020;:doi: 10.1111/cea.13754.

[While pre-eclampsia was associated with a possible increased risk of asthma in offspring, there was no evidence for a relationship between other HDP and asthma. There is a lack of published literature examining the association between HDP and eczema, food allergy and allergic rhinitis. Further primary research is warranted to gain a better understanding of the association between HDP and the risk of childhood atopic disease.]

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### [COVID-19 and the risk to black, Asian and minority ethnic women during pregnancy.](#)

Esegbona-Adeigbe S. *British Journal of Midwifery* 2020;28(10):718–723.

[Black, Asian and minority ethnic (BAME) women in the UK have increased maternal mortality rates compared to other groups of women. Unfortunately, according to preliminary findings, the COVID-19 pandemic has contributed to mortality rates for BAME women, raising concerns that pregnant BAME women are facing greater health disparities during the pandemic.]

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### [Destitution in pregnancy: forced migrant women's lived experiences.](#)

Ellul R. *British Journal of Midwifery* 2020;28(11):778–787.

[Forced migrant women are increasingly becoming destitute whilst pregnant. Destitution may exacerbate their poor underlying physical and mental health. There is little published research that examines this, and studies are needed to ensure midwifery care addresses the specific needs of these women. This study aimed to explore vulnerable migrant women's lived experience of being pregnant and destitute.]

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### [Diagnosis of perineal trauma: getting it right first time.](#)

Roper J. *British Journal of Midwifery* 2020;28(10):710–717.

[This narrative literature summarises the evidence to support the need for digital rectal examination after every vaginal delivery. The importance of a digital rectal examination, based on clinical sequelae and consequences of incorrect diagnosis of perineal trauma, is discussed. Digital rectal examination is recommended by many national guidelines as part of a postpartum evaluation of the perineum.]

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### [How far does duty of care extend?](#)

Winter G. *British Journal of Midwifery* 2020;28(10):740.

[The author discusses if healthcare workers should honour their duty of care to their patients during the pandemic, when doing so puts themselves and their families at risk.]

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### [Improving outcomes through education and co-creation.](#)

Meen A. *British Journal of Midwifery* 2020;28(11):750–751.

[In this article, two midwifery educators reflect on the actions they have taken to improve outcomes for mothers and families. The recent Mothers and Babies: Reducing Risk through Audits and Confidential Enquiries across the UK (MBRRACE-UK) report has exposed some shocking findings regarding the maternity outcomes amongst women who are from black, Asian and minority ethnic communities.]

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### [Mental health and wellbeing during the COVID-19 pandemic: longitudinal analyses of adults in the UK COVID-19 Mental Health & Wellbeing study](#)

*British Journal of Psychiatry (BJPsych) 2020;:Online.*

[A total of 3077 adults in the UK completed the survey at wave 1. Suicidal ideation increased over time. Symptoms of anxiety, levels of defeat and entrapment decreased across waves whereas levels of depressive symptoms did not change significantly. Positive wellbeing also increased. Females, young people (18-29 years), those from more socially disadvantaged backgrounds, and those with pre-existing mental health problems have worse mental health outcomes during the pandemic across most factors.]

*Freely available online*

### **[Should pregnant women be in a high-risk COVID-19 category?](#)**

Alaszewski A. *British Journal of Midwifery* 2020;28(10):732–734.

[As COVID-19 spread round the world in early 2020, most governments introduced lockdown measures to reduce social interactions and so reduce the transmission of the virus. In some countries, including the UK, USA, and Canada, pregnant women were included in a high or higher risk category and were advised to take extra measures to protect themselves and their foetuses. This article examines why pregnant women were included in this risk category and whether such categorisation was beneficial.]

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### **[Skin-to-skin contact following caesarean section: a narrative review.](#)**

Vilinsky-Redmond A. *British Journal of Midwifery* 2020;28(11):754–760.

[Skin-to-skin contact (SSC) is commonly performed after normal vaginal delivery and there is an increased demand by mothers to perform SSC after caesarean section (CS). However, there are still many obstacles that inhibit the initiation of SSC after CS, especially the risk of neonatal hypothermia. Although the evidence suggests that SSC promotes neonatal normothermia, this evidence is based on studies after vaginal birth and not after CS.]

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### **[The marginalisation of midwifery in medicalised pregnancy and childbirth: a qualitative study.](#)**

Najmabadi K. *British Journal of Midwifery* 2020;28(11):768–776.

[The role of midwives has changed in providing care for low-risk pregnancies and childbirth. This study explores the perceptions of perinatal care providers and recipients regarding midwifery services. The study used a qualitative content analysis approach. Data were collected through 49 semi-structured in-depth interviews, and analysed with qualitative content analysis.]

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## **Websites**

*The following websites(s) may be of interest:*

### **[Building Good Work Relationships: Making Work Enjoyable and Productive.](#)**

Mind Tools; 2020.

<https://www.mindtools.com/pages/article/good-relationships.htm>

[In this article, you'll learn why it's important to have good working relationships, how to build and maintain them, and even find ways to work with people that you don't get on with.]

*Freely available online*

### **[Patient safety - BMJ Improvement Hub.](#)**

BMJ; 2020.

<https://improve.bmj.com/patient-safety-2-2/>

[Collection of quality assessed resources to help you improve patient safety. Other topics in the BMJ Improvement hub are Mental health, Leadership, and Patient centred care.]

*Freely available online*

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