

Current awareness for Nursing

Recent guidelines and reports, articles and websites

December 2019 – January 2020

International Year of the Nurse and Midwife

Joanne Bosanquet, FoNS Chief Executive says: *'The Foundation of Nursing Studies is a proud supporter of the International Year of the Nurse and Midwife. 2020 is the year to celebrate nursing and midwifery and place us on firmly the global map as the largest professional health and care workforce in the world. Just think what we can do as a collective of 20 million to achieve health coverage for all, reduce health inequalities, address social determinants, engage in action against climate changes? These are big asks we know but we can do this together, focused around person-centred practice. What a beautiful thought.'* See

Joanne's blog [Welcome to 2020 everybody!](#) for a little more on the background to this amazing campaign. Please don't forget to log your [local events](#) and think about [co-branding](#) ones you already have planned. We will be doing that too!

Follow and engage in social media activities by using #Nurses2020 #Midwives2020 #HealthForAll and following [@NursingNow2020](#).

Call for papers for a special issue of The Lancet on Nursing

To support the World Health Organisation's *Year of the Nurse and Midwife*, The Lancet will dedicate a special issue in 2020 to the theme of nursing, covering nursing practices around the world.

Submission deadline 31 March 2020. Read more [here](#).

Guidelines

The following new guidance has recently been published:

[Guidance For Prone Positioning in Adult Critical Care](#)

Faculty of Intensive Care Medicine (FICM);2019 .

https://www.ficm.ac.uk/sites/default/files/prone_position_in_adult_critical_care_2019.pdf

Developed along with the Intensive Care Society, this resource was guided by the results of a national survey of members to identify current practices and challenges in managing patients in the prone position and to determine whether there was a need for national guidance. *Freely available online*

[Nursing and midwifery e-rostering: a good practice guide.](#)

NHS Improvement;2020.

<https://improvement.nhs.uk/resources/rostering-good-practice/>

Revised guidance will enable trusts to achieve the Carter recommendations by easily identifying areas of improvement in e-rostering practices. The benefit this brings is that the right staff with the right skills will be in the right place at the right time, so patients receive the care they need, and trusts can better manage their workforce and financial efficiency. *Freely available online*

[Urinary catheter tools.](#)

NHS Improvement;2020.

<https://improvement.nhs.uk/resources/urinary-catheter-tools/>

These urinary catheter tools have been developed collaboratively with national experts to support providers in delivering consistent evidence based catheter care. Updated January 2020.

Freely available online

[Wuhan novel coronavirus \(WN-CoV\)](#)

<https://www.gov.uk/government/collections/wuhan-novel-coronavirus>

Information from Public Health England on Wuhan novel coronavirus, including assessment and management of suspected UK cases.

Freely available online

Reports

The following report(s) may be of interest:

[A sense of safety: trauma-informed approaches for women \(2019\).](#)

Centre for Mental Health; 2019.

<https://www.centreformentalhealth.org.uk/sense-of-safety>

How are trauma-informed approaches being implemented by public services – and what are the barriers to embedding the approach more widely? Produced jointly with Agenda, the alliance for women and girls at risk, A sense of safety: Trauma-informed approaches for women explores how trauma-informed approaches are being implemented by public services including women's centres, prisons and mental health services. *Freely available online*

[Antimicrobial prescribing: ceftolozane with tazobactam for treating hospital-acquired pneumonia, including ventilator-associated pneumonia: Evidence summary.](#)

National Institute for Health and Care Excellence (NICE); 2019.

<https://www.nice.org.uk/advice/es22/chapter/Key-messages>

Specialists involved in producing this evidence summary consider that ceftolozane with tazobactam provides a potentially useful alternative for treating some adults with HAP and VAP who have limited treatment options because they have infections suspected or proven to be caused by caused by Enterobacterales (excluding carbapenem-resistant bacteria) or multidrug-resistant Pseudomonas aeruginosa. Local antibiotic resistance patterns will need to be taken into account.

Freely available online

[Antimicrobial prescribing: meropenem with vaborbactam: Evidence summary.](#)

National Institute for Health and Care Excellence (NICE); 2019.

<https://www.nice.org.uk/advice/es21/chapter/Key-messages>

Meropenem with vaborbactam (Vaborem, Menarini) is given as a 3-hour intravenous (IV) infusion every 8 hours and has a marketing authorisation for treating the following infections in adults: complicated urinary tract infection (cUTI), including pyelonephritis, complicated intra-abdominal infection (cIAI) hospital-acquired pneumonia (HAP), including ventilator-associated pneumonia (VAP)...

[Fresh eyes approach: A walkthrough to improve people's experience of care in the last months of life in acute hospitals: Family and carers' perspectives.](#)

Hospice UK; 2019.

<https://www.hospiceuk.org/what-we-offer/clinical-and-care-support/clinical-leadership/emergency-care-improvement-programme>

The report describes a way of exploring the patient, family and carers' experiences by walking through a potential journey - from the hospital car park, through the Emergency Department (ED), an acute

assessment ward, a general ward, mortuary and bereavement services. The method includes both objective and subjective perspectives, with feedback indicating where there were differences in views. *Freely available online*

[Improving joy at work - electronic self-rostering.](#)

NHS Improvement; 2019.

<https://improvement.nhs.uk/resources/improving-joy-at-work-electronic-self-rostering/>

After realising the highest areas of turnover for nurses and midwives was the intensive care units, Royal Free London NHS Foundation Trust began a project to reduce turnover by improving joy at work. After hearing from staff that offering flexibility and choice of shifts would improve their work-life balance, the trust introduced an electronic self-rostering system. *Freely available online*

[Introducing criteria-led discharge in an acute medical unit.](#)

NHS Improvement; 2020.

<https://improvement.nhs.uk/resources/introducing-criteria-led-discharge-acute-medical-unit/>

A case study detailing how criteria-led discharge (CLD) was introduced on an acute medical unit at Tameside General Hospital resulting in increased weekend discharge rates. *Freely available online*

[Leukomed Sorbact for preventing surgical site infection.](#)

National Institute for Health and Care Excellence (NICE); 2019.

<https://www.nice.org.uk/advice/mib197>

The technology described in this briefing is Leukomed Sorbact. It is used for preventing surgical site infection (SSI) in closed surgical incisions with up to moderate exudate levels. The intended place in therapy would be instead of existing interactive postoperative wound dressings in people at risk of developing SSI from closed surgical incisions. *Freely available online*

[Longer duration of urinary catheter placement associated with an increase in urinary infection.](#)

NIHR Dissemination Centre; 2019.

<https://discover.dc.nihr.ac.uk/content/signal-000855/longer-duration-of-catheter-placement-increases-urinary-infection>

NIHR Signal. This US-based retrospective analysis of electronic health records identified 148,361 indwelling catheterisations, of which 61,047 were for three or more days, in five hospitals. The risk of urinary infection appears low with very short-term use but increases with the time that a patient has a catheter. Women and patients with paraplegia or cerebrovascular disease are at increased risk.

Freely available online

[LQD Spray for treating acute and chronic wounds:Medtech innovation briefing.](#)

National Institute for Health and Care Excellence (NICE); 2019.

<https://www.nice.org.uk/advice/mib202>

The technology described in this briefing is LQD Spray. It is for the external, local treatment of a range of acute and chronic wounds. This includes chronic leg ulcers, superficial partial thickness burns and self-harm wounds. The innovative aspects are that it is the only biopolymer wound dressing, and can be used without a secondary dressing. Also, it is a natural antimicrobial and it can be used in patient self-management, although there is no published evidence on this use. *Freely available online*

[RCN Employment Survey 2019.](#)

Royal College of Nursing (RCN); 2019.

<https://preprod.rcn.org.uk/professional-development/publications/pub-007927>

This report presents the findings from the Royal College of Nursing (RCN) Employment Survey 2019. The research is divided into five domains of working life which all combine to provide a picture of what job quality looks like in nursing today. *Freely available online*

[Shifting the mindset: a closer look at NHS complaints.](#)

Healthwatch; 2020.

<https://www.healthwatch.co.uk/report/2020-01-15/shifting-mindset-closer-look-complaints>

New research by Healthwatch has revealed less than half of NHS hospitals in England are reporting on any action taken in response to complaints raised by patients. With analysis showing that just 1 in 8 hospital trusts are compliant with statutory complaints regulations, patient voices and feedback need to be a priority in reforming the process.

[The characteristics of effective clinical and peer supervision in the workplace: a rapid evidence review.](#)

Health and Care Professions Council (HCPC); 2020.

<https://www.hcpc-uk.org/resources/reports/2019/effective-clinical-and-peer-supervision-report/>

This report presents the key findings from a literature review: to explore the characteristics of effective clinical and peer supervision in the workplace. *Freely available online*

[Two commonly used pressure redistributing mattresses are similar for preventing pressure ulcers but differ on price](#)

NIHR Dissemination Centre; 2020.

doi: [10.3310/signal-000857](https://doi.org/10.3310/signal-000857)

The choice of mattress used in hospital makes no difference to whether adults develop pressure ulcers, or how quickly, but differ on price. This large NIHR-funded trial included 2,029 participants at high risk of developing pressure ulcers and found fewer pressure ulcers overall than expected (7.9%).

Freely available online

Articles

The following journal articles are available from the Library and Knowledge Service electronically or in print. Please follow links to access full text online, contact me to order copies, or call into the library.

[A mixed methods process evaluation of a person-centred falls prevention program.](#)

Morris RL. *BMC Health Services Research* 2019;19(1):906.

RESPOND is a telephone-based falls prevention program for older people who present to a hospital emergency department (ED) with a fall. A randomised controlled trial (RCT) found RESPOND to be effective at reducing the rate of falls and fractures, compared with usual care, but not fall injuries or hospitalisations. This process evaluation aimed to determine whether RESPOND was implemented as planned, and identify implementation barriers and facilitators.

[A multicentre prospective audit of bedside hydration in hospital.](#)

Davidson J. *British Journal of Nursing* 2020;29(1):50-54.

Access to water at the bedside is a cornerstone of patient care. Among bedbound inpatients, water within reach at the bedside is a basic human dignity and one that ought not to be neglected.

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[An Implementation Science Approach to Antibiotic Stewardship in Emergency Departments and Urgent Care Centers.](#)

Yadav K. *Academic Emergency Medicine* 2020;27(1):31-42.

Antibiotic stewardship efforts have expanded focus from inpatient to include outpatient settings. However, stewardship is urgently needed in acute care ambulatory settings: emergency departments (EDs) and urgent care centers (UCCs). Implementation of antibiotic stewardship in acute ambulatory care settings has been limited. *Contact the library for a copy of this article*

[Association of registered nurse and nursing support staffing with inpatient hospital mortality.](#)

Needleman J. *BMJ Quality & Safety* 2020;29(1):10-18.

We examine the association of inpatient mortality with patients' cumulative exposure to shifts with low registered nurse (RN) staffing, low nursing support staffing and high patient turnover. Conclusion: Low RN and nursing support staffing were associated with increased mortality. The results should encourage hospital leadership to assure both adequate RN and nursing support staffing. *Freely available online*

[Barriers and facilitators perceived by registered nurses to providing person-centred care at the end of life. A scoping review](#) by Ana Carvajal, Erna Haraldsdottir, Thilo Kroll, Brendan McCormack, Begoña Errasti-Ibarrondo and Philip Larkin. *International journal of Practice Development* 2019.

Val Wilson, *Professor of Nursing at the University of Wollongong* says: 'This is a thought-provoking paper relating to barriers and enablers to the delivery of person-centred care by generalist nurses to patients at the end of life. The scoping review highlighted a number of key areas that can be used to improve practice. What was of particular interest to me was the process used and how aspects of this could be equally applied to a number of 'patient care group' to highlight the enablers and barriers to achieving person-centred care in practice. This would enable nurses to develop a connection between elements of their nursing care within their clinical context and patient care group (e.g. paediatrics, mental health, aged care) that reflect person-centred practice as outlined in figure 3 of the article.'

[Can feedback approaches reduce unwarranted clinical variation? A systematic rapid evidence synthesis.](#)

Harrison R. *BMC Health Services Research* 2020;20(1):40.

Feedback using administrative databases to provide benchmarking data has been utilised in several countries to explore clinical care variation and to enhance guideline adherent care. The review findings suggest value in the use of feedback approaches to respond to clinical variation and understand when action is warranted. Evaluation of the effectiveness of particular feedback approaches is now required to determine if there is an optimal approach to create change where needed. *Freely available online*

[Corticosteroids for treating sepsis in children and adults.](#)

Annane D. *Cochrane Database of Systematic Reviews* 2019;12:CD002243.

Sepsis occurs when an infection is complicated by organ failure. Sepsis may be complicated by impaired corticosteroid metabolism. Thus, providing corticosteroids may benefit patients. The original review was published in 2004 and was updated in 2010 and 2015 prior to this update. *Freely available online*

[Dementia 3. Vascular dementia: diagnosis, treatment and medical management.](#)

Nazarko L. *British Journal of Healthcare Assistants* 2019;13(8):382-387.

Key points: In the UK, an estimated 257 607 people have vascular dementia (VaD) or mixed dementia; Health promotion can help people live longer, happier lives; Staff working with older people should be alert to possible signs of dementia; Diagnosis enables people to access treatment and plan for the future; Medication aims to manage established disease and quality of care is vitally important.

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[Dementia 4. Lewy body dementia: diagnosis, treatment and medical management.](#)

Nazarko L. *British Journal of Healthcare Assistants* 2019;13(10):474-481.

Key points: In the UK, an estimated 100 000 people have Lewy body dementia (LBD); People with LBD have a complex mix of physical and mental health symptoms and are at great risk of falls; Staff working with older people should be alert to possible signs of dementia; Medication aims to manage established disease and quality of care is vitally important for people with LBD.

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[Developing a 'core of steel': the key attributes of effective practice assessors.](#)

Hunt LA. *British Journal of Nursing* 2019;28(22):1478-1484.

The Nursing and Midwifery Council has emphasised that its recently introduced standards for student supervision and assessment aim to 'ensure that no one gets onto the register who shouldn't be there'. A key element in achieving this is the new practice assessor role, implemented to bolster practical

assessment processes. This study aimed to identify the key personal characteristics of robust practice assessors who are prepared to fail underperforming students.

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[Developing new nursing leaders.](#)

Foster S. *British Journal of Nursing* 2019;28(22):1499.

The author considers initiatives both at home and worldwide to develop the leadership potential of nurses at all levels, and why it matters. A 'save the date' has come through from England's Chief Nursing Officer (CNO), Ruth May, for her 2020 Summit, which will provide an opportunity to reflect on the vision that she outlined in March 2019 *Available with an NHS OpenAthens password for eligible users*

[Digital can make a difference.](#)

Foster S. *British Journal of Nursing* 2020;29(1):75.

The author considers the need for nurse leaders to champion progress in digital technology and information-sharing with the aim of providing better care. A worrying BBC News (2019) headline in December reported that hospitals across England are using 21 separate electronic systems to record patient care. Researchers suggested this was risking patient safety because the IT systems do not 'talk' to each other, making cross-referencing difficult and potentially leading to errors.

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[Digital explanations and nursing students' perception of learning science.](#)

Meedya S. *Nurse Education in Practice* 2019;41:102636.

A thorough understanding of human physiology and anatomy are pivotal in the preparation of competent nursing students for clinical practice. However, anatomy and physiology are among the most conceptually perplexing subjects that nursing students will encounter throughout the duration of their course. Research in other science-based contexts has demonstrated a positive relationship between student-generated digital media and learning scientific concepts. *Available with an NHS OpenAthens password for eligible users*

[Do we still need to assess nurses' attitudes towards pressure ulcer prevention? A systematic review.](#)

Avsar P. *Journal of Wound Care* 2019;28(12):795.

The findings suggest that, overall, nurses are positively disposed towards PU prevention. However, it is important to highlight that the nurses have difficulties translating this positive attitude into actual PU prevention strategies. *Freely available online*

[Does Shared Decision Making Actually Occur in the Emergency Department? Looking at It from the Patients' Perspective.](#)

Schoenfeld EM. *Academic Emergency Medicine* 2019;26(12):1369-1378.

We sought to assess the frequency, content, and quality of shared decision making (SDM) in the emergency department (ED), from patients' perspectives. *Contact the library for a copy of this article*

[Educators' behaviours during feedback in authentic clinical practice settings: an observational study and systematic analysis.](#)

Johnson CE. *BMC Medical Education* 2019;19(1):129.

Verbal feedback plays a critical role in health professions education but it is not clear which components of effective feedback have been successfully translated from the literature into supervisory practice in the workplace, and which have not. The purpose of this study was to observe and systematically analyse educators' behaviours during authentic feedback episodes in contemporary clinical practice.

Freely available online

[Effective hand hygiene-wash your hands and reduce the risk.](#)

Ridley N. *British Journal of Nursing* 2020;29(1):10.

Hand hygiene is considered one of the most effective ways of reducing healthcare-associated infections (Gould et al, 2017). Worldwide, thousands of people die every day from infections acquired while receiving healthcare, and as many as 1.4 million patients around the world develop a healthcare-associated infection each year. Many of these infections can be prevented by good hand hygiene.

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[Filming for auditing of real-life emergency teams: a systematic review.](#)

Brogaard L. *BMJ Open Quality* 2019;8:e000588.

This systematic review of 50 observational studies provides insight into the use of video review of resuscitation teams, trauma teams, emergency paediatric teams and emergency obstetric teams. This technical solution is affordable and relatively easy to instal; however, legal and ethical issues may be challenging. Investigating the impact of video review, with regards to improved patient care, all five studies were in favour of the use of video review as an educational intervention. *Freely available online*

[Geriatric Emergency Department Innovations: The Impact of Transitional Care Nurses on 30-day Readmissions for Older Adults.](#)

Dresden SM. *Academic Emergency Medicine* 2020;27(1):43-53.

Transitional care nurse (TCN) care has been associated with decreased hospitalizations for older adults in the emergency department (ED). The objective of this study was to evaluate the association between TCN care and readmission for geriatric patients who visit the ED within 30 days of a prior hospital discharge.

Contact the library for a copy of this article

[How prepared are healthcare professionals for delivering physical activity guidance to those with diabetes? A formative evaluation.](#)

Kime N. *BMC Health Services Research* 2020;20(1):8.

Healthcare professionals have been identified as key to promoting physical activity, including individuals with diabetes, but are ill-prepared to deliver this. Our paper evaluates the barriers/facilitators of healthcare professionals' delivery of physical activity guidance to adults with diabetes and aims to inform efforts to investigate and enhance their preparedness to promote physical activity.

[How previous life routines affect sundown syndrome.](#)

Britton B. *British Journal of Healthcare Assistants* 2019;13(9):440–443.

Sundowning symptoms can be lessened by keeping people busy during the day, making sure they get fresh air and daylight and by reducing daytime napping to a minimum; Sensory loss can increase confusion and hallucinations: where this helps, residents should wear glasses and hearing aids; Understanding the routines people used to have when they were younger can help with sundowning as well: by recreating activities that they used to carry out at the end of the day, they will feel less agitated.

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[How to manage the care of the dehydrated child.](#)

Rosengarten L. *British Journal of Nursing* 2019;28(21):1366-1368.

Caring for a child with dehydration is a common occurrence in acute paediatric settings and as such the ability to recognise and treat this condition is a vital skill for nurses who care for children. Failure to appropriately recognise dehydration when it occurs can lead to fast deterioration of the child's clinical condition and can be fatal. Children are more likely to become dehydrated than adults and often deteriorate quicker than adults when unwell.

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[Improving data sharing between acute hospitals in England: an overview of health record system distribution and retrospective observational analysis of inter-hospital transitions of care.](#)

Warren LR. *BMJ Open* 2019;9:e031637.

Each year, millions of patients in England attend two or more different hospital trusts. Most of the pairs of

trusts that commonly share patients do not use the same record systems. This research highlights significant barriers to inter-hospital data sharing and interoperability. Findings from this study can be used to improve electronic health record system coordination and develop targeted approaches to improve interoperability. *Freely available online*

[Interventions to reduce emergency department consultation time: A systematic review of the literature.](#)

Canadian Journal of Emergency Medicine 2019;12:1-9.

The limited evidence suggests that audit and feedback in the form of SMS messaging, direct consultation to senior physicians, and standardization of the admission process may be the most effective and feasible interventions. Additional high-quality studies are required to explore sustainable interventions aimed at reducing consultation to decision time.

Contact the library for a copy of this article

[Introducing employment passports for nurses and other healthcare workers.](#)

Glasper A. *British Journal of Nursing* 2019;28(21):1424-1425.

The author discusses a new initiative from NHS England that plans to introduce NHS passports to help staff work more flexibly across different organisations. In September 2019 NHS England announced that, after successful piloting, it was going to roll out NHS staff passports. This was one of the aims of the NHS Long Term Plan (NHS England and NHS Improvement (NHSI), 2019).

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['It's the relationship you develop with them': emotional intelligence in nurse leadership: a qualitative study.](#)

Mansel B. *British Journal of Nursing* 2019;28(21):1400-1408.

This study aimed to investigate emotional intelligence (EI) and its relationship to nursing leadership. Strong, effective leadership is core to organisational competency and significantly influences care quality. EI is the ability to understand one's own feelings and to assess and respond to the feelings of others. It is linked to self-awareness, self-management, social awareness and social skills, all of which are vital in leadership roles. *Available with an NHS OpenAthens password for eligible users*

[Itch in Chronic Wounds: Pathophysiology, Impact, and Management.](#)

Iannone M. *Medicines* 2019;6(4):E112.

The aims of this review are to analyze the current literature regarding the characteristics and pathophysiological mechanisms of itch in chronic wounds, to assess the impact on quality of life and delayed-healing, to focus on the best strategies of prevention and treatment, to highlight the importance of on-going research in order to fully understand the pathophysiology, and to improve the management of target therapies. *Freely available online*

[Learning from Patient Safety Incidents in the Emergency Department: A Systematic Review](#)

Amaniyan S. *Journal of Emergency Medicine* 2019;;doi:10.1016/j.jemermed.2019.11.015.

This review enhances our awareness of contributing factors to patient safety incidents within emergency departments and encourages researchers from different disciplines to investigate the causes of practice errors and formulate safety improvement strategies. *Contact the library for a copy of this article*

[Monitoring respiratory rate in adults.](#)

Hill B. *British Journal of Nursing* 2020;29(1):12-16.

This article explores the monitoring of respiratory rates in adult patients. This is a significant physical assessment skill because breathing is usually the first vital sign to alter in the deteriorating patient (Hunter and Rawlings-Anderson, 2008). Ascertaining a baseline respiration function will permit an accurate respiration assessment to be carried out, tailored to the individual patient (Simpson, 2006).

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[Multifactorial falls prevention programmes for older adults presenting to the emergency department with a fall: systematic review and meta-analysis.](#)

Morello RT. *Injury Prevention* 2019;25(6):557-564.

There is insufficient evidence to support the use of multifactorial interventions to prevent falls or hospital utilisation in older people presenting to ED following a fall. Further research targeting this population group is required. *Available with an NHS OpenAthens password for eligible users*

[Nurses matter: more evidence.](#) [Editorial]

Aiken LH. *BMJ Quality & Safety* 2020;29(1):1-3.

"Empirical evidence from many published studies indicates that better hospital professional registered nurse (RN) staffing is associated with better patient outcomes, including lower mortality and failure to rescue, shorter lengths of stay, fewer readmissions, fewer complications, higher patient satisfaction and more favourable reports from patients and nurses alike related to quality of care and patient safety..."

[O2 No Longer the Go2: A Systematic Review and Meta-Analysis Comparing the Effects of Giving Perioperative Oxygen Therapy of 30% FiO2 to 80% FiO2 on Surgical Site Infection and Mortality.](#)

World Journal of Surgery 2019;;10.1007/s00268-019-05224-3.

This meta-analysis showed no statistically significant difference in post-operative SSI or mortality when comparing patients receiving an FiO2 of 80% to those receiving an FiO2 of 30%.

Contact the library for a copy of this article

[On a journey to excellence.](#)

Foster S. *British Journal of Nursing* 2019;28(21):1433.

The author describes a global programme to promote a nursing excellence framework to create a positive working environment for nurses. One of Ruth May's priorities as chief nursing officer for England is to empower nurses, midwives and care staff to be involved in shared decision-making, and collective leadership. As part of this strategy, NHS England and NHS Improvement are supporting the first national cohort of organisations to apply to join the global Pathway to Excellence® accreditation.

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[Patients' and healthcare workers' recommendations for a surgical patient safety checklist - a qualitative study.](#)

Harris K. *BMC Health Services Research* 2020;20(1):43.

This study aims to identify what the patients and healthcare workers find to be the risk elements that should be included in a patient-driven surgical patient safety checklist. Developing a surgical safety checklist based on these risk elements might reduce complications and unwanted errors.

[Strategies to ensure that all patients have a personalised nursing care plan.](#)

Glasper A. *British Journal of Nursing* 2020;29(1):62-63.

Against the backdrop of the Care Quality Commission (CQC) (2019) State of Care report, which highlighted the importance of providing person-centred and accessible care, this article examines the nurse's role in ensuring that all patients have a care plan tailored to their personal needs.

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[Struggles with infrastructures of information concerning hospital-to-home transitions.](#)

Norlyk A. *British Journal of Community Nursing* 2020;25(1):10-15.

Key Points: The key challenges faced by homecare nurses are related to the need for information and the struggle to get access to this information; Homecare nurses also find it frustrating that the cases of patients with complex care needs are often handed over to healthcare assistants; The complex and unclear work environment of homecare nurses tends to push them to the limits of their competencies

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[Students' perceptions of self-direction in pre-registration nurse education.](#)

Pryce-Miller M. *Nurse Education in Practice* 2019;40(Oct 2019):102626.

This study explored to understand the lived experiences of a group of pre-registration nursing students' in a United Kingdom Higher Education setting, in the context of increasing responsibility for self-direction throughout the learning process. Care is underpinned by evidence, knowledge and problem solving skills, predicated on enhanced student capability to ensure self-direction in learning.

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[The emotional labour of quality improvement work in end of life care: a qualitative study of Patient and Family Centred Care \(PFCC\) in England.](#)

Boulton R. *BMC Health Services Research* 2019;19(1):923.

This paper reports findings from an implementation study of an evidence-based intervention called Patient and Family Centred Care (PFCC) designed to tap into patient experiences as a basis for improvement. In this study the PFCC intervention was spread to a new service area (end of life care) and delivered at scale in England.

[The Nursing Activities Score Per Nurse Ratio Is Associated With In-Hospital Mortality, Whereas the Patients Per Nurse Ratio Is Not.](#)

Margadant C. *Critical Care Medicine* 2020;48(1):3-9.

Studies have shown contradicting results on the association of nursing workload and mortality. Most of these studies expressed workload as patients per nurse ratios; however, this does not take into account that some patients require more nursing time than others. Nursing time can be quantified by tools like the Nursing Activities Score. We investigated the association of the Nursing Activities Score per nurse ratio, respectively, the patients per nurse ratio with in-hospital mortality in ICUs. *Contact the library for a copy of this article*

[The relevance of law to patient safety education and training.](#)

Tingle J. *British Journal of Nursing* 2020;29(1):64-65.

In the new NHS Patient Safety Strategy, (NHS England and NHS Improvement, 2019) there is a discussion of patient safety education and training. This makes the point that although safety is now better understood there are significant numbers of people who still have a limited understanding of 'safety science'. A commitment is made to have a universal patient safety syllabus and training programme for the whole of the NHS. Health Education England (HEE) will have a pivotal role.

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[Unsafe student nurse behaviours: the perspectives of expert clinical nurse educators.](#)

Monique K. *Nurse Education in Practice* 2019;41:102628.

Clinical evaluation of undergraduate nursing students is one of the most challenging aspects of baccalaureate nursing education, especially for novice clinical instructors. Early identification of unsafe student behaviours is necessary to ensure students obtain adequate support and guidance. The degree to which clinical instructors are certain about what is safe and unsafe varies, and greatly influences their decisions about evaluative processes and which patients to assign to students.

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[Urgent and emergency care: patient safety and quality issues.](#)

Tingle J. *British Journal of Nursing* 2019;28(21):1426-1427.

The author discusses the Urgent and Emergency Care Patient Survey and a recent Supreme Court case on waiting times in A&E. The public and the media often seem to judge how well the NHS is performing by reference to urgent and emergency care provision. This is the bellwether NHS speciality by which all the others appear to be judged. Long-reported delays and missed targets in accident and emergency (A&E) lead to a public and media clamouring that the NHS is a failing public service.

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[Worthy of the 'global leader' hype, or are we seeing the tip of the iceberg?](#)

Tingle J. *British Journal of Nursing* 2019;28(22):1492-1493.

The author discusses some recent patient safety crises, litigation claims and a new patient safety publication from NHS Resolution. Unfortunately, it is never too long before a major patient safety crisis hits the NHS and we saw this recently with the Shrewsbury and Telford Hospital NHS Trust maternity scandal.

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Events and Awards

[Breaking down the barriers: LGBTQ+ equalities.](#)

With legal surgeries and expert advice on the support available to you from the RCN as well as many others, this is a day of inspiration and empowerment. Free event.

RCN, London

All day event on: 25th February, 2020

<https://www.rcn.org.uk/news-and-events/events/uk-breaking-down-the-barriers-lgbtq-equalities-250220>

For more information, please contact Lindsay.Chalfont@rcn.org.uk.

[Education Masterclass: Teaching Sustainability in Quality Improvement.](#)

An essential 1 day masterclass for educators with an interest in integrating sustainable healthcare and quality improvement teaching in their institution. Participants will engage with talks and interactive workshop sessions to learn about the SusQI framework that embeds sustainability into QI, experience real life examples of the framework in modules already being delivered to medical students, and develop the skills and support network needed to introduce it to their own local curricula.

Stamford Street, London

All day event on: 20th March, 2020

<https://www.eventbrite.co.uk/e/education-masterclass-teaching-sustainability-in-quality-improvement-tickets-85461773465>

[International Forum on Quality and Safety in Healthcare 2020.](#)

The IHI/BMJ International Forum on Quality and Safety in Healthcare is a triannual gathering of healthcare professionals in quality improvement and patient safety. The conference theme in Copenhagen 2020 is Breaking Down Barriers.

Copenhagen, Denmark

From: 28th April, 2020 9:00am Until: 30th April, 2020 5:00pm

<https://internationalforum.bmj.com/copenhagen/>

Sue Pembrey Award 2020

The Sue Pembrey Award is a chance to support and contribute to the legacy of Sue Pembrey. Dr Sue Pembrey was one of the UK's outstanding nursing leaders of the late twentieth century, influential in strengthening of the ward sister's leadership role and pioneering a commitment to patient/person-centred hospital care. The award is also an opportunity to connect with and receive ongoing support/mentorship following the award from supporting individuals. Nominating a colleague or member of your team - an exemplary nurse/midwife leader (such as, a ward manager/ sister/ charge nurse / midwife team leader, community team Leader, care home manager) is a way to recognise this person and celebrate your service. Nominations and self-nominations are welcome. Submit completed nomination forms with 3 testimonials/letters of support by 16 March 2020 (no entry fee). Read more [here](#).

Websites

FONS Blog

[Working in new ways: on a path to transformation](#)

21 January 2020

<https://www.fons.org/common-room/blogs>

Joanne Mohammed, FoNS Inspire Improvement Fellow

An inspiring blog about how the team culture on a ward was turned around. “The [Creating Caring Cultures Framework](#) introduced me to a new way of being and working which I then shared with the rest of team and thus encouraged them to think differently. They now have new confidence in each other as team members and feel empowered to do what is best for our patients.”

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Would you like help to find information to support CPD and revalidation?
Or to receive personal alerts to articles and reports on topics of particular interest to you?

Ask us about **KnowledgeShare** to receive fortnightly emails highlighting relevant reports and articles

Newsletter for nursing and midwifery educators



Number of registered professionals at highest level ever



There are now more than 700,000 professionals on our register, according to our [mid-year data report](#) released in December.

This means there are now more registered nurses, midwives and nursing associates than ever.

The data shows that the number of professionals whose initial registration was in the UK increased by 5,012. It also shows that while the number of professionals joining our register from the European Economic Area (EEA) has fallen, the number joining from outside the EEA has grown significantly.

My Future, My Midwife: standards approved

Every woman, baby and family has a basic human right to experience the best, safest care during pregnancy and birth.

We developed our transformational new education standards for midwives with this important principle in mind.



We're delighted that our Council has now approved these standards. We'll formally launch the standards at a series of events in January and February, in [Belfast](#), [Cardiff](#), [Glasgow](#) and [London](#). Please feel free to sign up.

[These new standards](#) will support midwives' evolving practice, in recognition of their changing working environment and challenges. They'll also enable midwives to provide even better, safer care to all women, with a greater focus on continuity of care, mental health and public health.

Celebrating those who are always caring, always nursing



We want to say thank you to everyone who celebrated 100 years of professional pride with us on the centenary of the Nurses Registration Act 1919.

The anniversary was on 23 December. Many of you got involved on social media, shared your nursing stories, or found your own way to mark the occasion.

As part of these celebrations, we produced a film showcasing the amazing work that nurses do and how far the profession has come over the past 100 years. You can watch the film on [our YouTube channel](#) or [our Facebook page](#).

Keep your eyes peeled for lots more exciting things happening this year as we celebrate the International Year of the Nurse and the Midwife, including the launch of our brand new midwifery standards!

FtP careline launched for nurses, midwives and nursing associates

Less than one percent of the professionals on our register go through our Fitness to Practise process. However, we know that for those who do, the process can feel overwhelming and may, in some instances, lead to anxiety which makes it harder to cope with everyday tasks.



We've commissioned CiC, a leading employee assistance provider, to run a [careline](#), which is completely confidential and independent from the NMC.

Nurses, midwives and nursing associates going through the FtP process can use this careline to [access free emotional support](#), 24 hours a day, every day of the year.

Future midwife: 30 education institutions now approved



In our last newsletter (September 2019) we updated you on the progress of approval against our [future nurse standards](#).

These standards were launched in 2018 to help equip nurses with the skills they need for the future.

We've now approved 30 education institutions against them. 39 institutions have had their nursing associate programmes fully approved too.

We look forward to working with you and your midwifery teams as we continue to implement our new education standards, and as you raise awareness of the standards within all your practice learning environments.



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As the professional regulator of nurses and midwives in the UK, and nursing associates in England, we work to ensure these professionals have the knowledge and skills to deliver consistent, quality care that keeps people safe. You have been sent this email as a subscriber to our education newsletter. Should you wish to unsubscribe you can [do so here](#). Please be aware that by unsubscribing from this newsletter you will be unsubscribing from all of our email newsletters. If you would like to only unsubscribe from this newsletter, please email nmc.newsletters@nmc-uk.org with your name and email address.