

Vital Signs/Clinical Skills

Web based resources for refreshing skills

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Royal Marsden Manual of Clinical Nursing Procedures (10th edition)

<https://www.rmmonline.co.uk/>

You will need an Athens account in order to access the book. Please contact the Library Service at tr.library.index@nhs.net who will be happy to create an Athens account for you.

Websites

BMJ Learning

In response to the rapidly evolving challenges posed by COVID-19, BMJ Learning are providing free access to their most relevant CPD online courses to update and refresh clinical knowledge for those supporting our healthcare systems.

<https://new-learning.bmj.com/covid-19>

E-Learning for Healthcare

The programme is freely available to colleagues working in the NHS, independent sector and social care.

<https://www.e-lfh.org.uk/programmes/coronavirus/>

RCNi Learning

Promoting the 6Cs of nursing in patient assessment

<https://rcnlearning.com/catalogue/details/368/promoting-the-6cs-of-nursing-in-patient-assessment>

How to administer suppositories

<https://rcnlearning.com/catalogue/details/491/how-to-administer-suppositories>

How to administer an enema

<https://rcnlearning.com/catalogue/details/500/how-to-administer-an-enema>

How to insert a peripheral cannula

<https://rcnlearning.com/catalogue/details/526/how-to-insert-a-peripheral-cannula>

An evidence-based approach to subcutaneous injection technique

<https://rcnlearning.com/catalogue/details/274/an-evidence-based-approach-to-subcutaneous-injection-technique>

How to insert a nasogastric tube and ensure safe positioning

<https://rcnlearning.com/catalogue/details/523/how-to-insert-a-nasogastric-tube-and-ensure-safe-positioning>

How to remove an indwelling urinary catheter in female patients

<https://rcnlearning.com/catalogue/details/527/how-to-remove-an-indwelling-urinary-catheter-in-female-patients>

How to perform respiratory assessment

<https://rcnlearning.com/catalogue/details/497/how-to-perform-respiratory-assessment>

Articles

Drug administration and calculations

How to undertake oral medicines calculations

Brindley J (2019) How to undertake oral medicines calculations. Nursing Standard. doi: 10.7748/ns.2019.e11404

<https://journals.rcni.com/nursing-standard/how-to-series/how-to-undertake-oral-medicines-calculations-ns.2019.e11404/full>

How to calculate drug doses and infusion rates accurately <https://www.nursingtimes.net/clinical-archive/medicine-management/how-to-calculate-drug-doses-and-infusion-rates-accurately-16-10-2017>

Fluid balance

Understanding the principles and aims of intravenous fluid therapy

Guest M (2020) Understanding the principles and aims of intravenous fluid therapy. Nursing Standard. doi:

10.7748/ns.2020.e11459

<https://journals.rcni.com/nursing-standard/cpd/understanding-the-principles-and-aims-of-intravenous-fluid-therapy-ns.2020.e11459/full>

How to undertake intravenous infusion calculations

Brindley J (2020) How to undertake intravenous infusion calculations. Nursing Standard. doi:

10.7748/ns.2020.e11444

<https://journals.rcni.com/nursing-standard/how-to-series/how-to-undertake-intravenous-infusion-calculations-ns.2020.e11444/full>

Assessing and documenting fluid balance

Nursing Standard. 31, 15, 46-54. doi: 10.7748/ns.2016.e10432

<https://journals.rcni.com/nursing-standard/assessing-and-documenting-fluid-balance-ns.2016.e10432>

Injection technique

Injection technique 1: administering drugs via the intramuscular route

Shepherd E (2018) Injection technique 1: administering drugs via the intramuscular route. Nursing Times [online]; 114: 8, 23-25.

<https://www.nursingtimes.net/clinical-archive/assessment-skills/injection-technique-1-administering-drugs-via-the-intramuscular-route-23-07-2018/>

Injection technique 2: administering drugs via the subcutaneous route

Shepherd E (2018) Injection technique 2: administering drugs via the subcutaneous route. Nursing Times [online]; 114: 9, 55-57.

<https://www.nursingtimes.net/clinical-archive/assessment-skills/injection-technique-2-administering-drugs-via-the-subcutaneous-route-28-08-2018/>

Observations

Assessing the pulse rate in adult patients

As Lowry M, Ashelford S (2015). Nursing Times; 111: 36/37, 18-20.

<https://www.nursingtimes.net/clinical-archive/assessment-skills/assessing-the-pulse-rate-in-adult-patients-31-08-2015/>

Respiratory rate 1: why measurement and recording are crucial

Kelly C (2018) Respiratory rate 1: why accurate measurement and recording are crucial. *Nursing Times*; 114: 4, 23-24.

<https://www.nursingtimes.net/clinical-archive/respiratory-clinical-archive/respiratory-rate-1-why-measurement-and-recording-are-crucial-26-03-2018/>

Measuring body temperature

McCallum L, Higgins D (2012) Measuring body temperature. *Nursing Times* [online]; 108: 45, 20-22.

<https://www.nursingtimes.net/clinical-archive/assessment-skills/measuring-body-temperature-06-11-2012/>

Using pulse oximetry to assess oxygen levels

Olive S (2016) Using pulse oximetry to assess oxygen levels. *Nursing Times*; 112: 16, 12-13.

<https://www.nursingtimes.net/clinical-archive/respiratory-clinical-archive/using-pulse-oximetry-to-assess-oxygen-levels-18-04-2016/>

Oxygen therapy

Practical procedures: oxygen therapy

Olive S (2016) Practical procedures: oxygen therapy. *Nursing Times*; 112: 1/2, 12-14.

<https://www.nursingtimes.net/clinical-archive/respiratory-clinical-archive/practical-procedures-oxygen-therapy-11-01-2016/>

Patient care

Principles of effective oral and denture care in adults

Otukoya R, Shepherd E (2018) Principles of effective oral and denture care in adults. *Nursing Times* [online]; 114: 11, 22-24.

<https://www.nursingtimes.net/roles/hospital-nurses/principles-of-effective-oral-and-denture-care-in-adults-29-10-2018/>

The underlying principles and procedure for bed bathing patients.

Lawton S, Shepherd E (2019) *Nursing Times* [online]; 115: 5, 45-47.

<https://www.nursingtimes.net/roles/hospital-nurses/the-underlying-principles-and-procedure-for-bed-bathing-patients-25-04-2019/>

Principles and procedure for eye assessment and cleansing

Gwenhure T, Shepherd E (2019) Principles and procedure for eye assessment and cleansing. *Nursing Times* [online]; 115: 12, 18-20.

<https://www.nursingtimes.net/clinical-archive/assessment-skills/principles-and-procedure-for-eye-assessment-and-cleansing-28-11-2019/>

Assisting patients with eating and drinking to prevent malnutrition

Anderson L (2017). *Nursing Times* [online]; 113, 11, 23-25.

<https://www.nursingtimes.net/clinical-archive/nutrition/assisting-patients-with-eating-and-drinking-to-prevent-malnutrition-09-10-2017/>

Tracheostomy

How to assist in emergency tracheal intubation

Williams C, Bennett E (2018) How to assist in emergency tracheal intubation. *Nursing Standard*. doi: 10.7748/ns.2018.e11147

<https://journals.rcni.com/nursing-standard/how-to-series/how-to-assist-in-emergency-tracheal-intubation-ns.2018.e11147/full>

Tracheostomy 1: caring for patients with a tracheostomy

Everitt E (2016) Tracheostomy 1: caring for patients with a tracheostomy. *Nursing Times*; 112: 19, 16-20.

<https://www.nursingtimes.net/clinical-archive/respiratory-clinical-archive/tracheostomy-1-caring-for-patients-with-a-tracheostomy-09-05-2016/>

Urinary catheterisation

Urinary catheters 1: male catheterisation

Yates A (2017) Urinary catheters 1: male catheterisation. Nursing Times; 113: 1, 32-34.

<https://www.nursingtimes.net/clinical-archive/continence/urinary-catheters-1-male-catheterisation-2-05-12-2016/>

Venepuncture

How to undertake venepuncture to obtain venous blood samples

Nursing Standard. 32, 29, 41-47. doi: 10.7748/ns.2018.e10531

<https://journals.rcni.com/nursing-standard/how-to-undertake-venepuncture-to-obtain-venous-blood-samples-ns.2018.e10531>

Dunn H, Weston V (2015) A framework for selection of vascular access devices. Nursing Times; 112: 35/36, 16-19.

<https://www.nursingtimes.net/clinical-archive/infection-control/a-framework-for-selection-of-vascular-access-devices-12-09-2016/>

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